



## Bungee Jumping in Kathmandu Nepal

<b>Trip code</b>	
<b>Package name</b>	Bungee Jumping in Kathmandu Nepal
<b>Duration</b>	2
<b>Max. elevation</b>	m
<b>Level</b>	beginner
<b>Transportation</b>	
<b>Accommodation</b>	
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Kathmandu
<b>Trip route</b>	
<b>Cost</b>	USD 175 per person

### Highlights

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### Overview

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**Bungee Jump in Nepal is great thrills and also a dangerous game quite popular for foreign tourist and young stars of Nepal.**

Bungee Jumping is thrilling extreme adventure sports designed for heart-quickenning adventure from high above in the gorges by tightening a nylon rope. Bungee jumping in Nepal is in the gorge of Bhote Koshi River from the height of 160 meters in which is specially constructed steel bridge for jumping. This thrilling and the pleasant experience of jumping from the bridge is one of the very unforgettable adventures in life. Bungee Jumping as an adventure is permitted from Bridge on Bhote Koshi River. The bridge is designed by New Zealand's leading bungee consultants and engineers. The Bungy Bridge is designed as per Swiss 4x safety measurement so they are safe enough for your

adventure activities. Bungee jumping is operated by well experienced jump masters after informing and instructing all the safety rules. Bungee Jumping Bridge over the river is 166m. This remarkable 500ft (160m) drop into the Bhoti Koshi River Gorge is the longest free-fall in the world and is also the most spectacular on the entire planet. Highly constructed under the Swiss measurements this bridge joins Rolwaling and Helambu section. Both of the valleys are very popular for trekking. Accessing the Bhoti Koshi River is only travelling 100km from the capital city along Araniko Highway driving within 3-4 hours' drive. The river is very attractive for rafting adventures. Bungee Jumping can be included with rafting or trekking package. The Last Resort is the station of Bungee Jumping which offers various Nepali dishes and the luxurious stay. Adventure in river or trekking after Bungee jumping becomes unforgettable adventure for adventure-lovers.

#### About the trip

After breakfast in the morning, take a drive of 3 hours to the Bhoti Koshi River. On the way you can witness the mesmerizing views and the satisfying greenery of the surrounding hills along with the beautiful valleys. Upon arrival to the Bhoti Koshi River, check in to the Last resort for the lunch and then you will be briefed about the safety and the precautions of Bungee jump. After the briefing by the expert proceed to the Bhoti Koshi Bridge for the Bungee jump and experience one of the most spectacular and adventures Bungy Jump in the country. Imagine the free falling down experience to 500 ft in the gorge of Bhoti Koshi. After the amazing and thrill jump from 160m, get down to the Last Resort and spend the day on your own. You can either do rafting in the Bhoti Koshi or canyoning in the Jalbire canyon after the Bungee Jump. Enjoy the beautiful scenes and the cool environment on the river side with campfire and Barbeque. Stay overnight in the Last Resort and back to Kathmandu after breakfast in the morning next day.

#### **Before You Go for Bungee be sure that you do not have following conditions:**

- Heart disease
- High blood pressure
- Orthopedic problems
- Addiction to alcohol or drugs
- Epilepsy
- Pregnancy
- Orthopedic problems
- Neurological problems
- The one with the above mentioned condition is not permitted for the Bungee jump.

**[Note: The Last Resort films your bungee and shows the footage to you at the resort. You can order the DVD of your jump at the resort and pick up your copy in The Last Resort office in Kathmandu a day later. Bet you just can't wait to show it to your family and friends!]**

## Trip Itinerary

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### Day 1 : Drive 3 hours to the Bhoté Koshi River, and drive back after Bunjee

#### **BUNGY NEPAL-STYLE!**

*Imagine a bridge, over a 160m high tropical gorge, with one of Nepal's wildest rivers raging below...*

Itinerary::

#### **Departure from Kathmandu:**

**6:00 am**, departure from Thamel. We organize private bus or car for the transport. If you like to stay overnight, take your things and pack accordingly.

#### **Arrival at the Last Resort:**

##### **9:30 am:**

The journey is about 3.5 hours with a couple of tea breaks along the way. When we reach the resort – you can see the bridge 5 minutes before arriving!

##### **10:00 am:**

We'll introduce you to the bungee staff, give you a safety briefing, weigh you, and give you a time slot. Then all you have to do is maintain mental calm until your turn!

##### **10:30 am:**

**Jump!**

**And don't forget lunch!**

If you consider also doing other activities, let us know at the time of booking. For other activities, you may also stay extra nights or do the same day before you return to Kathmandu. Along the jump, you may also do other activities such as:-

**Day Hikes,**

**Visit to Kodari Border (Nepal/Tibet Bridge),**

**White Water Rafting,**

**Canyoning,**

**Bird watching, village walk, etc.**

## **Inclusions**

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### **What is included?**

- Transportation to the starting point and return
- Bungee jump
- One night accommodation in Last Resort
- All necessary equipment
- Breakfast
- Tax and service charge

### **What isn't included?**

- Personal expenses
- Dinner, and lunch
- Services or other activities if added
- Tips

### **Complimentary**