



Langtang area rock climbing

Trip code	
Package name	Langtang area rock climbing
Duration	13
Max. elevation	5520 m
Level	MODERATE
Transportation	Grouped vehicles depending on group size.
Accommodation	3***hotel + Lodge twin sharing bed basis during the Trek & Climbing session.
Starts at	Kathmandu
Ends at	kathmandu
Trip route	kathmandu - Syabru Besi - Lama hotel - Langtang - Kyanjin Gumba - yala base camp - Yala peak - Kyanjin - Lama Hotel - Syabru Besi - Kathmandu.
Cost	USD 1,299 per person

Highlights

Overview

Rock climbing in the Langtang area offers a thrilling and adventurous experience for climbers seeking to challenge themselves on vertical cliffs amidst the stunning natural beauty of the Langtang Valley. Located in the Langtang National Park of Nepal, this region is known for its breathtaking landscapes, diverse flora and fauna, and proximity to the majestic Langtang Himalayan range. Here is a detailed description of rock climbing in the Langtang area:

Climbing Locations:

The Langtang region offers several rock climbing locations, each with its unique features and challenges. Some popular spots for rock climbing in the Langtang area include Kyangjin Ri, Yala Peak Base Camp, and the cliffs around the Kyangjin Gompa area.

Kyangjin Ri:

Kyangjin Ri is a popular peak situated at an altitude of approximately 4,700 meters (15,420 feet). It offers a fantastic opportunity for rock climbing enthusiasts to test their skills on granite cliffs. Climbers can ascend Kyangjin Ri and find numerous rock faces with varying levels of difficulty. The climbing routes provide a mix of vertical and technical sections, with breathtaking views of the surrounding Langtang peaks.

Yala Peak Base Camp:

Yala Peak is a trekking peak in the Langtang region, and its base camp area also provides excellent rock climbing opportunities. The cliffs around the Yala Peak Base Camp feature diverse rock formations and challenging routes. Climbers can enjoy the adventure of scaling these cliffs while relishing the panoramic vistas of the Langtang Valley.

Kyangjin Gompa Area:

The area around Kyangjin Gompa, a famous Buddhist monastery, is another fantastic location for rock climbing. The cliffs surrounding the monastery offer various routes suitable for climbers of different skill levels. The limestone and granite rocks present opportunities for both face climbing and crack climbing, adding to the diversity of the climbing experience.

Climbing Routes:

The Langtang area offers a range of climbing routes to cater to climbers of different abilities and experience levels. From beginner-friendly routes with moderate difficulty to challenging vertical faces for advanced climbers, there is something for everyone. The routes typically involve using climbing gear such as ropes, harnesses, helmets, and carabiners. Local guides or experienced climbers can provide assistance and guidance for climbers exploring these routes.

Natural Surroundings:

One of the highlights of rock climbing in the Langtang area is the breathtaking natural surroundings. The Langtang Valley boasts stunning alpine scenery, with towering peaks, glaciers, cascading waterfalls, and lush forests. Climbers can enjoy the serene beauty of the Langtang National Park while being immersed in the thrill of scaling the cliffs.

Cultural Immersion:

The Langtang area is also renowned for its rich cultural heritage. As climbers venture into the region, they can interact with local Tamang and Sherpa communities, known for their warm hospitality and unique traditions. Exploring the Langtang Valley allows climbers to witness the harmonious blend of natural beauty and cultural diversity.

Safety Considerations:

Safety is paramount in rock climbing, and climbers should ensure they have the necessary experience, skills, and equipment. Engaging with experienced guides or joining rock climbing expeditions organized by reputable companies is highly recommended to ensure a safe and enjoyable climbing experience. Familiarize yourself with the local climbing regulations, weather conditions, and potential hazards before embarking on any climbing activity.

Trip Itinerary

Day 1 : Arrival in Kathmandu

Upon our arrival in the Tribhuvan International Airport (TIA) in Kathmandu, you will be greeted by a representative from Nature Trail who will drop you off at your hotel. After checking in, take a rest. You may also stroll in the streets of Thamel, a tourist hub in Kathmandu for some souvenir shopping.

Day 2 : Drive to Syabrubesi 1550m - 7hrs

From Kathmandu, we drive for approx 8 hours to Syabru Beshi. After driving 30 kms, we approach pristine villages on the banks of the river Trishuli. We also get to view the enchanting panorama of the Himalaya, including the Annapurna, Manaslu, Ganesh Himal and the peaks of the Langtang region.

Day 3 : Trek to Syabru besi to Lama Hotel 2380m - 6 hrs walk

Today, the first part of our trail crosses through Bhote Koshi and follows the Langtang Khola. Then the trail gradually ascends up to Bamboo passing through Landslide. Afterwards, our trek ascends gently to Rimche (2400m.) through Bamboo (1960m.) which lies at the bank of Langtang Khola. We will have lunch at this place if you like. And at the end our trail we level to the Lama Hotel. En route we could see red pandas, monkey and bear if we are lucky.

Day 4 : Trek from Lama to Langtang 3430m - 6 hrs walk

Trek from Lama Hotel to Langtang village via Ghora Tabela which takes about five to six hours. As we continue climbing there are occasional glimpses of Langtang Lirung between the trees. At Ghora Tabela [3000m], the trail emerges from the forest. While walking here, we can catch a glimpse of white monkeys and local birds.

Once there was a Tibetan resettlement project here, but now it is a Nepalese army post though it has no permanent inhabitants. The trail continues to climb gently and the valley widens, passing a few temporary settlements used by herders who bring their livestock to graze in the high pastures during the summer months. There is a monastery which we can visit shortly before arriving at the village of Langtang, the headquarters of the Langtang National Park. The houses of Langtang and its neighboring villages are of the flat-roofed Tibetan style, surrounded by stone walls enclosing fields of buckwheat, potatoes, wheat, turnips and barley.

Day 5 : Trek from Langtang to Kyanjin village 3870m - 5 hrs walk

Our trail climbs gradually through small villages and yak pastures as the valley opens out further and the views become more extensive. After crossing several small streams and moraines, the trail reaches the settlement at Kyangjin. Here, there is a small monastery and a government-operated cheese factory. We should arrive at Kyangjin by lunch time allowing time to acclimatize and explore the area. It is a dramatic setting, with snow covered peaks surrounding us in all directions. At this point, we can enjoy the panoramic view of Dorje Larpa (6990m.), Langtang Ri (6370m.), Langtang Lirung (7245m.) and so on.

Day 6 : Rest and Acclimatization day in Kyanjin 3780m

This is a day to rest and explore the area. Rest day at Kyangjin Gompa and excursion in and around. We can visit the monastery and the cheese factory, walk up the moraine to see the spectacular ice faces and tumbling glaciers of Langtang Lirung or ascend Kyangjin Ri [4350m], directly behind the village, for a breath-taking panorama of the Langtang peaks.

Day 7 : Trek to Yala Base Camp 4800m - 4 hrs walk

After our early morning breakfast we head to Yala peak base camp. The ascend goes through the pastures and finally some rocky trail. We spend our night in the tented camp of Yala Peak Base.

Day 8 : Practice Climbing Techniques at Yala base Camp

This is the reserve day or might be called as acclimatisation day. We make our final preparations to conquer Yala Peak. Our guides will provide the necessary trainings on handling fixed ropes and crampons, and various other technical instructions.

Day 9 : Yala peak Summit 5520m - Kyanjin 3780m

Yes, it's time to conquer the summit of Yala Peak. In the early morning we follow our dream. enjoy the marvellous view of Mt. Lirung, Dorje Lakpa, shispangma and various other snow capped giants. Finally we ascend down and reach Kyanjing Gompa for our overnight stay.

Day 10 : Trek to Lama Hotel 2380m - 6 hrs walk

After our early breakfast in Kyanjing Gompa, we walk down to Lamahotel.

Day 11 : Trek to Syabru besi 1550m - 4 hrs walk

Today's hike is most of it on downhills, The trail slopes down through the forest where you come across small Chortens. The trail gets bumpy and stony as you walk further, but you may encounter red pandas, bears, monkeys, and various species of birds en route. Retracing your way throughout the trek, you reach Thulo Syabru for an overnight stay at the hotel.

Day 12 : Drive back to Kathmandu 1380m - 7 hrs

After breakfast, we drive back to Kathmandu from Syafru Bensi which will take some 9 hours by bus or Land cruiser depending on group size. You will be shifted to the same Hotel from where you left.

Day 13 : Departure to homeland

This will be the last day for staying in Nepal. Approximately 3 hours before your scheduled flight a representative from Nature Trail will transfer you to the airport. On your way home you'll have plenty of memories of the adventure done in Nepal.

Inclusions

What is included?

Arrival and departure transfer services for Airport – Hotel – airport.

Trekking Lodge/teahouse and tented accommodation during trekking and climbing session

Professional Trekking Guide and 2 guests 1 Trekking Porter

Very Professional Climbing Guide and Crews

Trekking staff foods, accommodations, salary, insurance

All Meal (Lunch , Dinner and Breakfast) & 3 tea/coffee every single day during the Trek and Climbing.

Langtang National Park fee & Climbing Permit

Assistant Cook and Transportation: Trekking assistant cook and necessary kitchen helper on the basis of Member and they carry of camping equipment and tent from Kyanjin,

Camping Equipment Utensils: EPI Gus, Gas stove or fuel stove for cooking, fuel or Kerosene oil, cooking pots, mattress, walkie talkie (talkback) etc.

Staff salary and allowance: climbing staffs and porters daily:
wages/equipment/food/clothing/insurance

High Altitude Tents: North FaceDome Tent Space for two pax. Wall/cabin tent for dining and kitchen, etc.

Yala base Camp Lodging & Food service: chocolate and Three Meals (Breakfast, Lunch and dinner) a day for members and staff.

Drinks and Beverages for climbing: Tea with cookies and hot drinking water during the climbing period and Hot Washing water in case required.

Fixing Gear: fix rope, main rope, snow bar, ice crew, rock pitons as well as Heli Rescue/charter Arrangement.

kathmandu - Syapru Besi - Kathmandu by Private vehicals.

What isn't included?

Any meals, accommodation and sightseeing in Kathmandu (if required please let us know and as per your budget requirement we would be very happy to arrange the same).

Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, health bars.

Items of personal nature - laundry expenses, tips.

Rescues, repatriation, medicines, medical tests, and hospitalization expenses.

Medical insurance and emergency rescue evacuation if required.

Travel insurance and helicopter rescue.

Airfare of international flights.

Nepal entry visa fee (easy to obtain the visa on arrival at Tribhuvan International Airport – Kathmandu). \$25 USD for 15-day visa.

Personal climbing gear.

Tips, gifts, souvenirs.

Tips for the guide, porter, and driver (tipping is expected)

Complimentary