



## Langtang Gosainkunda Pilgrimage Trekking

<b>Trip code</b>	
<b>Package name</b>	Langtang Gosainkunda Pilgrimage Trekking
<b>Duration</b>	6
<b>Max. elevation</b>	4361 m
<b>Level</b>	BEGINNER
<b>Transportation</b>	Kathamndu - Dhunche - KAthmandu by Private vehicals.
<b>Accomodation</b>	Hotel And Lodge twin Sharing Bed basis during the Trek.
<b>Starts at</b>	Kathmandu/Kathmandu
<b>Ends at</b>	Kathmandu/Kathmandu
<b>Trip route</b>	Kathmandu - Dhunche - Sing gumba - Gosaikunda - Sing Gomba - Dunche - Kathmandu.
<b>Cost</b>	USD 680 per person

### Highlights

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Stunning Mountain View of Dorjelakpa (6990m, Langtang (7227m), Langtang Lirung (7200) and Ganesh himal.

Gosainkunda Holy Lake.

Test of the Best Yak Cheese in Sing Gonpa.

Tamang settlements and Their Unique Culture

Beauty of forest of rhododendron, pine, bamboo and juniper trees and other medical herbs too the flow of mountain-streams and cliff of rocks amuses for those who love nature and it's magic varieties of rare wild life- Himali Black Bear, Red Panda, Langur

## Overview

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**Langtang Pilgrimage Trek is a short and adventurous trek in Nepal, located at an altitude of about 4361 meters. This pilgrimage trek that takes you to the holy lakes of Gosainkunda. This trek cuts across high passes and is surrounded by mountains with magical landscapes in view.**

Langtang. We pass through Nubamatang, nestled in a hidden valley, on our way up to view the glaciers, which mark the gateway into Tibet. We travel through Syabru and Sing Gompa to a high plateau, where the sacred lake Gosainkunda is located. Crossing the Laurebenayak Pass. Our return takes us past the spectacular holy lake at Gosainkunda, an important place of pilgrimage, and across the Laurebina Pass to the end. This trek is ideal for people with less time who do not wish to travel too far from the Kathmandu Valley.

This amazing adventure combines the diversity of spectacular views of the Himalayas with a vast number of exciting ethnic encounters. The highlights of Langtang Pilgrimage trek are numerous however the main areas of interest are the rhododendron and bamboo forests with an abundance of wildlife, majestic waterfalls flowing over mammoth boulders, a chance to bathe in soothing hot springs, magnificent views of the snow covered white giant Langtang Lirung (7,200m/23,622ft), Visiting the holy lakes of Gosainkunda.

## Trip Itinerary

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### **Day 1 : Drive Kathmandu to Dhunche (1966m) – 7 hrs drive**

After seven hours drive from Kathmandu, we head north out of Kathmandu driving through scenic foothills and ridgeline vistas to Dhunche (1966m). Overnight at lodge.

### **Day 2 : Trek Dhunche to Sing Gompa 3250m – 5 hrs walk**

Today our trek starts from Dhunche to Sing Gompa which takes about five hours. The first part of the trail ascends gradually by a mineral water factory up to Ghatte Khola (stream). Crossing a suspension bridge over this stream, we begin to trek steeply up until we reach Sing Gompa through pine, silver oak and rhododendron forests along with marijuana plants. Overnight at lodge.

### **Day 3 : Trek Sing Gompa to Gosainkunda (4361m.) via. Laurebenayak La (3920m.) – 6 hrs walk**

It takes about six hours walk from Sing Gompa to reach Gosainkunda via Laurebenayak La. The first part of the trail gently ascends up to Laurebenayak. The trail then ascends steeply all the way to Gosainkunda. We follow a rugged trail with dramatic views of Himal Chuli (7893m) Manaslu range (8156mm), Ganesh Himal range (7406m), Tibetan peaks and Langtang Lirung. On a clear day, even the Annapurna range

can be seen rising up behind and to the north, across the valley, is Langtang Lirung. There are about a dozen lakes in the Gosainkunda Basin, the main three being Saraswatikunda, Bhairabkunda, and Gosainkunda. Stay overnight at lodge.

#### **Day 4 : Trek Gosainkunda to Sing Gompa (3250m.) or Chandan Bari (3250m.) – 5 hrs walk**

Today the trail descends all the way to Sing Gompa passing Laurebenayak with magnificent mountain views and forests. Stay overnight at lodge.

#### **Day 5 : Trek Sing Gompa to Dhunche – 6 hrs walk**

Trek from Sing Gompa to Dhunche takes about six hours. The first part of the trail descends through pine, silver oak and rhododendron forests along with marijuana plants. You then cross a suspension bridge over the Sing Gompa Stream. The path then stretches at a flat level through some human settlements and mineral water factories up to Dhunche. Stay overnight at lodge.

#### **Day 6 : Drive Dhunche to Kathmandu – 7 hrs drive**

Today in our last day of our tour, we drive from seven hour to reach Kathmandu. It is a pleasant drive back to Kathmandu.

## **Inclusions**

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### **What is included?**

- kathmandu - Dhunche - Kathmandu by Private vehicals.
- Trekking permits and TIMS (Trekker's Information Management System) card.
- Experienced and licensed trekking guide.
- Porter service to carry your luggage (one porter for every two trekkers).
- Accommodation in teahouses or lodges during the trek.
- All meals (breakfast, lunch, and dinner) during the trek.
- Langtang National Park entrance fee.
- Basic first aid kit.
- All Government taxes and service charges

### **What isn't included?**

International airfare to and from Kathmandu.

Nepal entry visa fees.

Personal travel insurance (covering medical, evacuation, and trip cancellation).

Accommodation and meals in Kathmandu (beyond the itinerary).

Personal expenses, such as laundry, phone calls, internet access, etc.

Additional porters or services if needed.

Tips for guides, porters, and other staff (tipping is customary in Nepal).

Any expenses arising due to unforeseen circumstances, such as flight delays, natural disasters, political unrest, etc.

## **Complimentary**