



## Langtang Helambu Birding Tour

<b>Trip code</b>	0
<b>Package name</b>	Langtang Helambu Birding Tour
<b>Duration</b>	15
<b>Max. elevation</b>	4380 m
<b>Level</b>	EASY
<b>Transportation</b>	All grounded vehicals depending on group size.
<b>Accomodation</b>	3***hotel, Lodge twin sharing bed basis during the Tour and Trek
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Kathmandu
<b>Trip route</b>	kathmandu - Syabru besi - Thulo Syabru - Chopche - Lauribina - Gosainkunda - Ghpte - Tadepati -Kutungsang - Chisapani - kathmandu
<b>Cost</b>	USD 1,950 per person

## Highlights

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View numerous species of birds around Langtang National Park.

Enjoy the numerous species wildlife animals like, Red panda , Danphe in Langtang National Park.

Stunning mountain view of Langtang himalayas .

Explore to Tamang Culture and old buddhist monestery.

## Overview

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A Langtang Helambu birding tour offers birdwatching enthusiasts the opportunity to explore the Langtang National Park and Helambu region in Nepal while spotting a wide variety of bird species.

This area is known for its diverse birdlife, stunning mountain scenery, and unique cultural experiences.

The Langtang National Park and Helambu region are located in the central part of Nepal, north of Kathmandu. This region is easily accessible from the capital city and is known for its rich biodiversity and pristine natural beauty.

The Langtang Helambu area is home to over 300 species of birds. Some of the notable species you might encounter include Himalayan Monal, Satyr Tragopan, Blood Pheasant, Himalayan Griffon, Lammergeier, and various species of eagles, vultures, and owls. You may also spot various species of thrushes, warblers, and finches. And also while birdwatching, you'll be surrounded by stunning landscapes, including snow-capped mountains, lush forests, alpine meadows, and beautiful river valleys. The scenery alone makes this region a fantastic destination for nature lovers.

In addition to birdwatching, you'll have the chance to interact with the local communities of Tamangs and Sherpas. You can immerse yourself in their unique culture, visit monasteries and traditional villages, and enjoy local cuisine.

This kind of birding tour is also involve trekking or hiking through the Langtang National Park. This allows you to explore various habitats and elevations, increasing your chances of spotting different bird species. Nature Trail Trekking, offer round the year birding trip however for the best time for a Langtang Helambu birding tour is during the spring (March to May) and autumn (September to November) seasons when the weather is pleasant, and bird activity is high.

Nature Trail proud to keep all our best birding guides even during the Covid 19, and now we do have almost all guide working with us. So, you will have best birdwatching specialist who can arrange your itinerary, permits, and guides.

We also suggest to bring essential birding equipment, such as binoculars, a field guidebook, a camera with a good zoom lens, and appropriate clothing and footwear for trekking.

Responsible Tourism: Practice responsible and ethical birdwatching. Respect the environment, avoid disturbing wildlife, and support local conservation efforts.

A Langtang Helambu - birding tour combines the thrill of birdwatching with the adventure of trekking in one of Nepal's most beautiful and culturally rich regions. It's an excellent choice for bird enthusiasts looking to explore new avian habitats while enjoying the natural and cultural wonders of the Himalayas.

## Trip Itinerary

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### Day 1 : Arrival Kathmandu, Rest & briefing

Upon arrival, you will be welcomed by one of the representative of Nature Trail Travel & Tours. He will then further escort you to your respective hotel for overnight stay.

## **Day 2 : Drive to Shybrubenshi from Kathmandu**

The drive from Kathmandu to Shybrubenshi is approximately 120 kilometers and takes around 6 hours, depending on traffic and road conditions. The route offers stunning views of the Himalayas and passes through picturesque villages, making it a scenic journey worth experiencing.

## **Day 3 : Trekking and Birding to Thulo Shyabru village**

From Shyabrubeshi trekking and Birding to Thulo Shyabru village, the journey takes you through lush forests and picturesque landscapes. Along the way, you will have the opportunity to spot various species of birds, making it a paradise for birdwatchers.

## **Day 4 : Trekking and Birding to Chopche**

Thulo Shyabru is a popular destination for both trekking and birding enthusiasts. The breathtaking landscapes and diverse bird species make it an ideal spot for combining these two activities. From Thulo Shyabru, trekkers can embark on thrilling trails that lead to the picturesque village of Chopche, offering a unique opportunity to explore the stunning natural beauty while spotting various bird species along the way.

## **Day 5 : Trekking and Birding to Lauribina**

After the Chopche, you can immerse yourself in the breathtaking landscapes while engaging in activities such as trekking and birding. As one continues their journey towards Lauribina, they will be captivated by the stunning mountain views of the Langtang range and Ganesh Himal and have the opportunity to explore the diverse avian species that inhabit this region.

## **Day 6 : Rest Day and birding around**

Take advantage of this rest day to acclimate to the high altitude, letting your body adjust and lowering your chance of altitude sickness. Make the most of your time by going on a full-day birding expedition near Lauribina, where you will be immersed in the varied kinds of birds that inhabit this gorgeous location. You can stroll down to Cholangpati for birding today and then back to Lauribina in the evening.

## **Day 7 : Trekking and Birding to Gosaikunda Lake**

Passing through the beautiful Langtang National Park and trekking and birding to Gosaikunda Lake from Lauribina offers a mesmerizing experience for nature enthusiasts. The trail takes you through alpine meadows and scenic landscapes, providing ample opportunities to spot a variety of highland bird species along the way. As you reach Gosaikunda Lake, situated at an altitude of 4,380 meters, you are rewarded with breathtaking views of the surrounding snow-capped peaks.

## **Day 8 : Trekking and Birding to Ghopte**

On the route from Gosaikunda Lake to Ghopte, the Lauribina Pass (4610 m) provides stunning views of Himalayan peaks and a variety of bird species. You will be rewarded with stunning vistas of alpine meadows and glacier lakes after a challenging ascent over the Laurebina Pass. After taking a memorable photo on the top of the pass, descend to Ghopte. The descent from the Lauribina Pass to Ghopte offers a thrilling adventure as you navigate through rocky terrain and dense forests. Along the way, keep an eye out for elusive wildlife such as musk deer and Himalayan monals, adding to the excitement of your trek.

### **Day 9 : Treking and Birding to Tharepati**

Birding from Ghopte to Tharepati is a popular activity among nature enthusiasts. This scenic trek offers the opportunity to spot a wide variety of bird species, like the Great Parrotbill and many others, in their natural habitat. The lush forests and alpine meadows along the trail provide the perfect environment for birdwatching, making it a memorable experience for avid birders.

### **Day 10 : Rest Day and birding around Tharepati**

After a challenging trek, taking a rest day at Tharepati is well-deserved. Besides rejuvenating your body and mind, Tharepati also offers a fantastic opportunity for birdwatching. The surrounding forests are home to a diverse range of avian species, allowing you to indulge in the peaceful serenade of nature while spotting colorful feathered friends.

### **Day 11 : Trekking and Birding to Kutumasang**

Birding to Kutumasang from Tharepati is a popular activity for nature enthusiasts in Nepal. Kutumasang, located at an altitude of 2,470 meters, offers breathtaking views of the surrounding Himalayan peaks and is known for its diverse bird species. The trek from Tharepati to Kutumasang takes you through lush forests, tranquil valleys, and charming villages, providing an immersive experience of the natural beauty of the region.

### **Day 12 : Trekking and Birding to Chisapani**

The hiking and birding tour offers a breathtaking adventure through the spectacular scenery of the Langtang area of Nepal, from Kutumsang to Chisapani. You will have the chance to see a broad range of bird species in their natural environment as you walk along the picturesque routes. Additionally, the walk takes you through a charming village where you may get to know the locals and learn about their way of life.

### **Day 13 : Trekking and Birding to Sundarijal and Kathmandu**

A wide range of bird species may be found at Chisapani, which also offers beautiful views of the Himalayas. Visitors may see a vast variety of colorful birds in the lush forests and tranquil environments. The diverse bird population at Chisapani includes both resident and migratory species, making it a perfect destination for birdwatching throughout the year. The combination of breathtaking mountain vistas and the melodic songs of these feathered creatures creates an unforgettable experience for nature enthusiasts. Sundarijal, which is renowned for the variety of birds it is home to, is a birder's delight. Finally, return to Kathmandu.

## **Day 14 : Half day birding in Godawari free shopping afternoon**

After enjoying a half day of birding in Godawari, take advantage of the free time in the afternoon to explore the local shopping scene. Discover unique handicrafts, traditional textiles, and vibrant souvenirs that showcase the rich cultural heritage of the region. Indulge in a delightful shopping experience while immersing yourself in the local flavors and traditions.

## **Day 15 : Final Departure day**

On your final departure day, you also leave with a sense of gratitude for the local guides and their invaluable knowledge that enhanced your birding experience. The Langtang Helambu tour not only provided an unforgettable adventure but also left a lasting impact on your appreciation for the delicate balance of ecosystems and the importance of conservation efforts.

## **Inclusions**

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### **What is included?**

- Airport pick up – drop by private tourist vehicle.
- Private car from Kathmandu - Syabrubesi depending on group size.
- Hotel accommodation in Kathmandu with bed & breakfast basis.
- All meals ( Lunch, Dinner and Breakfast) with cup of Tea/Coffee during the Tour & Trek
- Accommodation in Hotel and Lodge twin sharing bed basis during the Tour & Trek
- Professional Birding guide and Porter for entire trip.
- National park fee.
- Farewell dinner in Nepali restaurant with cultural dance program in Kathmandu.
- All necessary office service charge and government taxes.
- All necessary pick up drop by private vehicle as per itinerary.

### **What isn't included?**

- International airfare & necessary airport taxes.
- Nepal entry visa fees at present USD 25 for 15 days, USD 40 for 30 days and USD 100 for three months.
- Lunch & dinner in Kathmandu.
- Temple & monasteries entry fees in Kathmandu.
- All personal & bar expenses during the trip.

Tips for guide (tipping is expected).

Personal expenses (phone calls, laundry, bottle or boiled water etc) and any other expenses which are not mentioned above.

## **Complimentary**