



## Milke Danda Trek

<b>Trip code</b>	
<b>Package name</b>	Milke Danda Trek
<b>Duration</b>	10
<b>Max. elevation</b>	3200 m
<b>Level</b>	MODERATE
<b>Transportation</b>	Jeep reserve kathmandu to Basantpur , Domestic flight from Tumlingtar to kathmandu.
<b>Accomodation</b>	lodge + Tea house twin sharing bed basis during the Trekking ( Organised trek would be better with Camping )
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Kathmandu
<b>Trip route</b>	Kathmandu - Basantapur - Chauki - Ghufa Pokhari - Milke Danda - Naudaki - Chainpur - Tumlingtar - Kathmandu.
<b>Cost</b>	USD 1,600 per person

## Highlights

- Breathtaking views of Mt. Everest, Makalu, and Kanchenjunga are among the Himalayan peaks.
- Various flowers, including rhododendrons, are in bloom.
- Enjoy your holiday with beautiful rhododendron flowers (Milke and Tinjure is known as the capital of rhododendron)
- Scenic flights from Kathmandu to Tumlingtar
- Getting to know the inhabitants of the village and their way of life.

## Overview

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**Milke Danda Trek is one of the new and popular trekking routes of Nepal which is elongated and elevated forest trek that crinkles and spilt the Tamur Valley and Arun in the Eastern part of Nepal. This trekking package will illustrate the immense outlook of numerous peaks counting Makalu (8,463m) and Kanchenjunga (8,586m) but from this danda you will get to view the pleasant landscapes during your tour Nepal.**

Milke Danda Trekking is one of the long and high forest ridges that divide the Arun and Tamur valley in the eastern Nepal. In the trekking field it is identified as the out-of-the-way trekking destination despite the fact it tenders astounding landscapes of Peaks through the Milke Danda area. Nature Trail will help you to hold close the stretched and forest.

Our journey starts from a drive to Basantpur which will offer the views of Makalu 8,463m to the west and Kanchenjunga 8,586 m. We will spend our overnight there. On the following day we commence our trek to Chauki which is situated at an elevation of 2,700 metres. Tour to Nepal sooner or later concludes in some elevated peaks. Therefore, you will go back over the same trekking routes moving downhill to Chainpur. The trek grade is said to be easy and the maximum elevation that it covers is 3,124 meter. Seeing your preference you can either stay in hotel/ lodge or tented camp. Trekking in Milke Danda is so much fun, mainly in spring season because at that time the area is covered with thriving Rhododendron. Consequently, it is recognized as Rhododendron trek as well. There are huge forests of rhododendrons along the ridge. Especially Milke Danda is the popular area in Nepal, where we can see many different kind of flowers including the Nepal's national flower rhododendrons. Have a trek in spring and you can get attractive prospect.

The Milke Danda trek is an extraordinary trekking tour for the breathtaking flower scenery it offers each spring and also for the superb mountain views. It is a "must do in life" trip for all the lovers of flowers and nature.

## Trip Itinerary

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### **Day 1 : Drive to Basantpur (2,200m) via Dharan**

In the very first day of our tour, we will drive towards Basantpur which is situated at an elevation of 2,200 meter via Dharan. These two are the beautiful places of Eastern Region where we can view the crowd of trekkers. Stay overnight in lodge.

### **Day 2 : Trek to Chauki (2,700m) – 5/6 hrs walk**

On the second day we will start our trek from Basantpur heading towards Chauki which is situated at 2,700 meter. On the way we will move towards the forest of Rhododendron with overwhelming sight of Tamur Koshi, Arun Koshi and Makalu. Then, we will move to Tude Deurali and ascending from there we will move all through Phedi and it eventually takes us to Chauki. Stay overnight in lodge.

### **Day 3 : Trek to Ghupha Pokhari (2,930m) – 5/6 hrs walk**

Today we will head towards Ghupha Pokhari which is found at an elevation of 2,930 meter. We will at first traverse ascend and then downward after crossing all through Manglebare, Balukho and Srimani. Afterward the trekking trail will take us to two small lakes at Lamo Pokhari. Again crossing the Bamboo huts at Koranghatar and seeing additional lakes we will turn up to Ghupha Pokhari. Stay overnight in lodge.

### **Day 4 : Trek to Milke Danda (3124 m) – 6/7 hrs walk**

Commencing trek from Ghupha Pokhari we will move towards Milke Danda which is supposed to be the most significant day. A walk of six to seven hours will take us to Milke Danda “Our Destination”. We will trek to Milke Danda covering an altitude of 3,124 meter and afterward we will return to Gupha Pokhari. It will further show the way to small settlement to the sacred lakes where we can outlook massive sight of Rhododendron forest and Mount Makalu. Stay overnight in lodge.

### **Day 5 : Exploration at Milke dada**

Today, is the day for exploration where we will move around the Milke Danda and try to capture new things. Moving head we will get to view the lovely sight of villages with interesting settlement. Stay overnight in lodge.

### **Day 6 : Trek to Nundaki – 5/6 walk**

On the following day, we will trek to Nudakhi which is another prosperous village. Here, we will get lots of places to carry out the sightseeing and amazing forest that we have never imagined so far. Thus, we will give new direction to our destination. Stay overnight in lodge.

### **Day 7 : Trek to Chainpur (1335 m) – 5/6 hrs walk**

Today we will have a pleasant walk since the trekking trail is not tricky. We will move from Jaljala to Chainpur which is supposed to be another destination to precede the trek. After walking for about five to six hours, we reach Chainpur where you will spend your overnight.

### **Day 8 : Trek to Phapung – 5/6 hrs walk**

The trail today is both ascending and descending. We will move towards Phapung where we will take upward and then downward movement. Arriving in Phapung we will take deep breath and look around the environment and we could not stop ourselves from admiring the landscapes. Stay overnight in lodge.

## **Day 9 : Trek to Tumlingtar – 3 / 4 hrs walk**

Today is the last day of our trek. The journey from Phapung to Tumlingtar is very amazing and the trail is so cherished with prosperous ethnic assortment and it involves the people like Brahmin, Sherpa and Rai. The trekking trail will capture the scene with arriving at the altitude of 3,124 meter. Stay overnight in lodge.

## **Day 10 : Flight to Kathmandu and overnight lodge**

In an early morning we will take a flight to Kathmandu from Tumlingtar Airport. This will be the joyous adventurous flight. Arriving in Tribhuvan International Airport you will be picked up and then again transferred to the hotel.

## **Inclusions**

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### **What is included?**

- All ground transportation by private vehicle, including airport transfers from Tumlingtar to Kathmandu.
- Meals on full board (breakfast, lunch, dinner, tea & coffee) during the trek.
- An experienced guide required a number of porters, their food, accommodation, salary, insurance, and equipment. We provide 1 porter between two trekkers.
- Teahouses for the accommodation during the trek. The teahouses are simple but neat and clean. ( we can provide you whole round trek Tent as per your itinerary )
- First aid medical kit bag including oximeter to monitor oxygen level and heartbeat.
- All necessary permits for trek
- All government and local taxes

### **What isn't included?**

- Any meals, accommodation and sightseeing in Kathmandu (if required please let us know and as per your budget requirement we would be very happy to arrange the same).
  
- Travel Insurance
- International airfare
- Nepal entry visa fee.
- All cold drinks such as alcoholic beverages, water, Coke, Fanta, juice, etc.
- Personal shopping and laundry, phone, internet bill, etc.
- Personal trekking equipment
- Tips for trekking crews

## Complimentary