



## Nature Tour

<b>Trip code</b>	
<b>Package name</b>	Nature Tour
<b>Duration</b>	8
<b>Max. elevation</b>	2200 m
<b>Level</b>	MODERATE
<b>Transportation</b>	All the grounded vehicals depending on group size.
<b>Accomodation</b>	3***Hotel twin sharing bed basis during the tour.
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Kathmandu
<b>Trip route</b>	kathmandu - Pokhara - Lumbini - Kathmandu
<b>Cost</b>	USD 1,150 per person

## Highlights

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World Heritage site ( Boudhnath, Pasupatinath, Swayambunath and Kathmandu durbar square.

Pokhara (Phewa lake) Sarangkot sunrise views.

World peace Pagoda and Boating on Phewa lake.

Lumbini the birth place of Gautam Buddha.

## Overview

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**For the nature lovers, Nepal is a true wonderland full of amazing views of highest peaks in the World, beautiful greenish hills, white crystal waters flowing on the river, variation of flora and fauna, diversity in geographical structure, rich in wild life resources and many more. Being in a single country, you can feel the amazing thrills of mountainous region as well as drive on the plains of Terai region.**

An ancient Hindu manuscript describes Kathmandu, Nepal as the “Land of Gods surrounded by beautiful mountains”. Among the top highest mountains, eight tallest mountains are located in namely; Mount Everest (8848 m), Mount Kanchenjunga (8586 m), Mount Lhotse (8516 m), Mount Makalu (8481 m), Mount Cho Oyu (8201 m), Mount Dhaulagiri I (8167 m), Mount Manaslu (8156 m) Mount Annapurna I (8091 m). Unlike in other countries, Nepal presents its own natural beauty. The country is god-gifted and rich in natural resource. Due to the lack of man power and advanced technology, the country has not been able to provide its visitors with enough entertainment packages but also with the limited source, it has been one of the most visited tourist destination. The trekking trail along the Annapurna and Everest is the most popular trekking trail among the trekkers whereas those people who are bound by the time limits can entertain and observe the highest Mountain peaks via an hour Mountain flight which is operated by various domestic airlines of Nepal. One should not miss this chance while you are in Nepal. For the animal lovers, the country offers various wildlife reserve, national park and conservation areas where one can observe different species of birds, animals and insects.

Nepal is rich in medicinal herbs too thus, those who are studying or doing research in such matter will have a great opportunity to experiment and provide their contribution by the new discovery in the world as there are lots of unidentified botanical plants which can be useful in various ways and help cure of various diseases in upcoming future. The multilingual languages spoken by the local people, various culture, tradition and festival celebrated by the people, diversity in the religion, etc. can all be observed in one place, Nepal. Unity in diversity is the main slogan of the country which binds one people to another. Whereas, Nepal is also known as the birth place of Gautama Buddha, founder of Buddhism.

This program has been designed especially for those who are in love with nature and Pilgrime site. By undertaking this program one can enjoy the tourist activities in Pokhara and experience the magnificent mountain views from Sarangkot and World Peace Pagoda in Pokhara as well as chance to explore Lumbini.

Outline Itinerary:

Day 01: Arrival day, pick up and drop to hotel, rest of the day free, dinner with cultural programs

Day 02: Full day sight-seeing, Pashupatinath Temple, Boudhanath Stupa and Patan Durbar Square, over night hotel.

Day 03: Drive to Pokhara, over night hotel,

Day 04 Sightseeing in Pokhara, visit World peace Stupa with half an hour boat ride

Day 05: Drive to Lumbini, over night at hotel

Day 06: Lumbini Sightseeing, overnight hotel,

Day 07: Drive back to Kathmandu, over night hotel

Day 08: Transfer airport and fly to home.

## Trip Itinerary

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### **Day 1 : Arrival at Kathmandu. Upon arrival, meet and transfer to hotel.**

Flying to the country of Mountains is a wonderful experience in itself. On a clear day, the views of snowcapped mountain peaks will take your breath. Your flight lands at Tribhuvan International Airport which is located in Kathmandu. Kathmandu is a small town and the capital of the country surrounded by the hills from all sides. It is the historical and cultural heart of Nepal. The capital of modern Nepal is nestled in the middle of the snow-capped Himalayan Mountains, in a valley surrounded by gentle, green terraced hills, ancient temples, shrines and red tiled-roofed houses.

Proceed for the customs and luggage's clearance and then exit from the Airport Departure lounge. As soon as you exit you can see number of peoples outside holding a placard. Among them one of the representative of Nature Trail Travels & Tours, Trekking & Expedition will be holding a placard with your name in it. So, closely look at them. He will then escort you to your respective hotels. Or else, you can visit our office and after full description about your trip, you will be driven to your hotel. No activities are planned for the day. You are free to explore picturesque down town Kathmandu. On your request, we will be happy to, accompany you for more activities.

### **Day 2 : Full Day sightseeing tour including: Kathmandu Durbar Square, Swayambhunath and Patan**

After breakfast, we start for a full day sightseeing tour. The distinctive cultural and historical identity of the Kathmandu Valley makes it an extraordinary place to explore. With your camera in hand, discover the enchanting cities of Kathmandu, Patan and Swayambhunath. Early morning, we visit Swayambhunath to witness the rituals of monks, pilgrims and worshippers.

Swayambhunath is known as "Monkey Temple" since you can see numbers of monkeys around the surrounding areas of the temple. Keeping in this mind, small swimming pool has been made for monkeys to cool themselves in the escorting heat of summer. After strolling around the area and clicking some pictures of Stupas, temples, monuments and of course monkeys, we drive towards Kathmandu Durbar Square. Kathmandu Durbar Square is listed as UNESCO World Heritage Sites. Several buildings in the Square collapsed due to a major earthquake on 25 April 2015. But construction has already been started and efforts have been made for its restoration. Further, we drive to another historical town of Patan. Patan Durbar Square is regarded as the culturally and historically richest Durbar Square among three Durbar Squares. It is also listed in UNESCO World Heritage Sites. Patan, the city of Artists, offers many visual treats for your camera.

### **Day 3 : Drive Kathmandu to Pokhara – approx. 8 hrs. drive.**

Early morning, after breakfast, board a bus and drive to Pokhara. It's a drive of about 8 hours through lush green forest, meandering road through the hills and gracefully flowing riversides. You will also come across lively markets and clusters of villages on the way. Lunch will be taken in one of the road side restaurants. Upon reaching in Pokhara, you will be received and driven to the hotel.

Check into hotel.

#### **Day 4 : Sightseeing in Pokhara, visit World peace Stupa with half an hour boat ride**

After breakfast proceed for half day sightseeing tour of Pokhara city including Devi's fall, World Peace Pagoda, Gupteshwor Mahadev cave, Seti River, Bindhyabasini temple and Barahi temple. Rest of the day free for personal activities with Boating on Phewa lake.

Today, you have a lot of places for your sightseeing. Pokhara provides its visitors to enjoy its natural and cultural beauty.

#### **Day 5 : Drive to Lumbini - 6 hrs**

Today's drive is only 198 kilometers and takes about a 6 hours to reach Lumbini, birth place of Gautam Buddha which has been reserved as the place of holy pilgrimage. Lumbini has been included as a World Heritage Site by UNESCO. This pilgrimage site in southwest Nepal attracts devout Buddhists from around the world, who arrive to pay homage at the Sacred Garden where the 'Enlightened One' was born. A famous landmark is the Ashoka Pillar raised by the great Emperor who converted to Buddhism. Today Lumbini has been enlivened by the multitude of architecturally beautiful temples, stupa and monasteries built by various international Buddhist communities.

#### **Day 6 : Sightseeing in Lumbini**

Sightseeing tour in Lumbini will be done by rickshaw today since other transportations are not allowed in those sites. Lumbini being the birth place of Buddha is also an important architectural and historical site of the world civilization. The places of interest today are: Tilaurakot, Gotihawa, Kudan, Niglihara and Sagarhawa. Kudan was where Buddha was received by his father after his access to enlightenment. King Suddhodana specially built the Kudan (Nigrodharma Park) for the accommodation of the Buddha and his followers. Gotihawa is the birth place of Krakuchanda Buddha. Niglihawa is where Kanakmuni Buddha was born. Sagarhawa is the archaeological findings as "place of the massacre of the Shakyas".

We also walkthrough the Sacred Lumbini Garden where the Buddha was born converges on the Ashoka pillar, visit the Maya Devi Temple with its bas-relief sculpture depicting Maya Devi holding on with her right hand to a branch of pipal tree and giving birth to the infant Buddha who stand up on a lotus pedestal. The Ashoka pillar is said to have been erected by the Indian Emperor Ashoka in 250 BC and bears an inscription confirming this as the birth place of the Buddha. A stone image of Maya Devi giving birth to Lord Buddha as she holds onto a branch is

seen in the Maya Devi temple. There's a museum nearby, The Kapilvastu Museum; the pottery, jewelry and ornaments are gathered in-house. End up the remarkable tour in Tilaurakot by visiting the shrines, monasteries and stupa near the sacred garden. Tilaurakot is the ancient palace of King Suddodhan (Siddhartha Gautama's father), where the Buddha spent his formative years as a Shakya Prince. The remains of many ancient stupas and monasteries can be found in the surroundings of Lumbini.

## **Day 7 : Drive back to Kathmandu**

Wake up to see the glorious sunrise view. After breakfast, drive to Kathmandu. The drive is only about 7 hours. Upon arrival, take a leisurely walk around Thamel Bazaar in Kathmandu. Stay overnight at hotel in Kathmandu.

## **Day 8 : Final Departure**

Depending on your flight time, we will drive you to the International airport for your onward flight.

Your 8 days nature tour will end today. We hope this tour will be a life time memory and you have been able to view some exciting sceneries of Nepal. We will be expecting to see you back in future. We believe that you had a good time in Nepal, discovering the wonders of Nepal – a country blessed with natural beauty and rich cultural history.

## **Inclusions**

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### **What is included?**

International & domestic airport transfers as per the itinerary.

3 nights 3 star hotel accommodation in Kathmandu on twin sharing basis on BB plan.

2 nights 3 star hotel accommodation in Pokhara on twin sharing basis on BB plan.

2 nights 3 hotel accommodation in Lumbini twin sharing bed basis on full board basis ( Breakfast, Lunch and Dinner ).

Kathmandu - Pokhara - Lumbini - Kathmandu drive by Tourist Bus

A professional english speaking guide for entire trip and his Salary , Insurance.

Complementary farewell dinner in a Typical Nepali cultural restaurant.

All government taxes, VAT, Tourist Service charges and official expenses.

### **What isn't included?**

International Air fare

Entry Visa fees - at present \$25 for 15 day, US\$ 40 for 30 day, and US\$ 100 for three month visa on entry into Nepal.

Temple and monastery entry permit fees.

Bar bills and Personal Expenses.

Tips for staff and guide (expected)

## **Complimentary**