



## Nepal Bhutan Overland Tour

<b>Trip code</b>	
<b>Package name</b>	Nepal Bhutan Overland Tour
<b>Duration</b>	14
<b>Max. elevation</b>	3100 m
<b>Level</b>	MODERATE
<b>Transportation</b>	All the grounded vehicals depending on group size.
<b>Accomodation</b>	3***hotel twin sharing bed basis during the Tour in Nepal and Bhutan.
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Paro
<b>Trip route</b>	kathmandu - Royal camp - Chitwan - Barhara - Phuntsholing - Thimpu - Punakha - Bhumthang - Gangthey - Paro
<b>Cost</b>	USD 3,650 per person

## Highlights

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- Visit UNESCO World Heritage Sites in Kathmandu Nepal.
- A scenic mountain flight towards the Paro airport
- Reach Kunselcholing ViewPoint with a large statue of Buddha to get amazing views of Thimphu valley
- Visit Tashichho Dzong, and Memorial Chorten built in the memory of King Jigme Dorji Wangchuck
- Reach Dochula pass at 3,080 meters and enjoy the majestic views mountains like Masagang, Tsendagang, Gangkar plenum (the highest peak in Bhutan), etc.

- Visit Punakha Dzong and explore the beauty of Khamsum Yuley Temple
- See Paro Dzong, the government center of Paro, and explore Ta Dzong, a watchtower serving as a National Museum of Bhutan holding several artifacts and art pieces
- Hike up to Taktshang Monastery also known as Tiger's Nest
- Get to Kyichu Lhakhang Temple, the oldest temple in Bhutan
- Enjoy amazing natural beauty and picturesque landscapes throughout the tour

## Overview

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**This tour combines the journey between the two different Asian countries which are rich in its cultural heritages and have the highest mountains in the world.**

Nepal is famous for its World's highest peak; Mount Everest (8848 m) and known as the birth place of Buddha. Bhutan is known as the dragon kingdom and is famous for the preserved Bhutanese culture and lifestyle which is untouched by the modernization. With a fascinating history and impressive architecture, stunning views of the Himalaya and exciting drive, this adventure tour to the famous landmarks of Nepal and Bhutan will be an outstanding experience for you. These high land settled in the Himalayas are some of the most adventurous destinations in the world. Nepal is a mix of culture and nature, Bhutan is the Last Shangri-La.

These multi country overland tours of Nature Trail Travels & Tours, Trekking & Expedition are designed to cater the need of overseas travelers who want to travel to multiple countries of South Asia in a single journey. Multi country or cross country tours include destinations of Nepal and Bhutan. These two countries in Asia are quite similar to each other. Nepal is a unique mix of different cultures and geographical features. Bhutan, the Last Shangri-La has a collection of best preserved natural and cultural heritage and it is the only Mahayana Buddhist country in the world. Travelling to these countries provides you the opportunity to explore the varied landscape and geographical regions along with the diverse culture and traditions of the area. This journey will take you to the mountainous landscape of Nepal to the last Shangri-La on earth – Bhutan, where you will experience great contrasts along the way. This amazing journey of a life time will give you an incredible life changing experience. An enlightening exploration of wonderful cultures and nature is something you will cherish forever.

## Trip Itinerary

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### **Day 1 : Arrival at Kathmandu. Upon arrival, meet and transfer to hotel for overnight stay. O/N Kathmandu**

Set off your Bhutan Nepal overland tour with a scenic flight over the land of Himalayas. Nepal is known world-wide as the birth country of Buddha and also the country having the tallest mountain in the world i.e. Mount Everest. Fly from your hometown to Kathmandu, capital of Nepal. Upon your arrival at Tribhuvan International airport, complete the clearance of customs and luggage's and exit from the Airport Departure lounge. As soon as you exit, you can see number of peoples outside holding a placard. Among them one of the representative of Nature Trail Travels & Tours, Trekking & Expedition will be holding a placard with your name in it. So, closely look at them. He will then transfer you to your respective hotels. Or else, you can visit our office and after full description about your trip, you will be driven to your hotel. You will stay overnight at hotel in Kathmandu.

### **Day 2 : Full Day Kathmandu sightseeing tour. O/N Kathmandu**

On the following day after breakfast, you will have a private vehicle and a professional tour guide at your disposal. After breakfast, get on with today's sightseeing tour which includes: Pashupatinath Temple, Boudhanath Stupa and Bhaktapur Durbar Square.

Pashupatinath Temple, Boudhanath Stupa and Bhaktapur Durbar Square are the most famous pilgrimage sites of Kathmandu. Pashupatinath Temple, being one of the most important Hindu Pilgrimage site stands as a symbol of faith, religion, culture and tradition. It is one of the most sacred Hindu Lord Shiva shrines in the world and is situated 5 kilometer east of Kathmandu heart, on the banks of sacred Bagmati River. Hindus are only allowed to enter this temple. Non-Hindus can admire the beauty of the temple from the other side of the Bagmati River, on the banks of which Pashupatinath Temple stands. Boudhanath Stupa is the largest stupa in Nepal and the holiest Tibetan Buddhist temple outside Tibet which is said to be 2500 years old. It is the center of Tibetan culture in Kathmandu and rich in Buddhist symbolism. Bhaktapur Durbar Square is a collection of pagoda and shikhara – style temples grouped around a fifty-five-window palace of brick and wood. The Square contains innumerable temples and other architectural showpieces like the Lion Gate, the statue of King Bhupatindra Malla, the Picture Gallery, the Golden Gate, the palaces of 55 windows, the Batsala temple and the bell of barking dog etc. After sightseeing, return back to the hotel and then take some rest. You will stay overnight at hotel in Kathmandu.

### **Day 3 : Drive Kathmandu to Royal Beach Camp. Enroute enjoy rafting. O/N Royal Beach Camp**

We begin our day with an appetizing breakfast at our respective hotel. Afterwards, pack your stuffs and then move onward for a scenic drive from Kathmandu to Royal Beach Camp. We will be driving via Prithvi highway which will take around three to four hours to reach the camp. Enroute, you will be serviced with three hours of rafting tour in Trishuli River, one of the most famous river for rafting in Nepal. During the raft, you'll be accompanied by the professional guide and instructor who are certified with SRT-KRT-BCU and also an experienced Kayaker for safety. You'll experience some Class III-IV

challenging white water including rapids like: Ladies delight, Monsoon, Upset and Surprise.

After raft, have lunch in the beach camp. You will have an adventurous overnight stay on this day either in a bamboo hut or tented camp on a white sandy beach. Dinner will be served at the camp.

#### **Day 4 : Drive Royal Beach Camp to Chitwan – approx. 3 hrs. drive. O/N Chitwan**

On the following day, we will have our breakfast on the camp and set out for a scenic drive towards Royal Chitwan National Park. You will enjoy the views of enormous plains of the Terai region while driving towards Chitwan. Chitwan National Park is declared as World Heritage Site under the category of Natural Sites by UNESCO. Chitwan is one of Asia's best's wildlife – viewing spots and the place to don your safari togs, clamber atop a lumbering elephant and head into the dawn mist in search of rhinos and tiger. 8% of the world bird species, rare mammals including one horned rhinoceros and the Bengal tiger makes it exclusive. Once reaching your destination, you will be briefed about the elephant activities and Jungle Safari. You can later enjoy the sunset in Rapti River, elephant back safari and stroll around the Tharu villages. Once the night falls down, we entertain you with cultural performances including bonfire before getting in bed. You will stay overnight in one of the resort in Chitwan.

#### **Day 5 : Full Day wild life activities including: Bird watching, Nature Walk, Elephant briefing and bathing, Canoeing and visit to elephant breeding center. O/N Chitwan**

With a wakeup call along with tea or coffee, we have the great time to witness the wildlife at its best in Royal National Park. This includes Bird watching, Nature Walk, Elephant briefing and bathing, Canoeing and visit to elephant breeding center. You can see different species of birds migrating from the different country and place. After doing bird watching activities your delicious breakfasts will be waiting for you. We will then head to the grasslands and forests near the Narayani River. If you are lucky, you will see many amazing creatures that you spend most time to looking for; rhinoceroses, Chitwan's royal Bengal tigers, leopards, monkeys, many types of deer and reptiles. Check your camera gear – preferably with a telephoto lens and you will not miss any shots. In later afternoon, a traditional dug-out canoe takes you on a silent trip down the Rapti River to view aquatic birds and the crocodile along the river banks. Elephant briefing: to learn more about the life of these fascinating animals during a visit to our elephant stables. We will also go to the observation tower, then later in the evening head back to the resort for dinner.

#### **Day 6 : Chitwan to Barhara. O/N Barhara**

On this day, we set out on an early drive from Chitwan to Barhara. The estimated distance we will be covering today will be approximately 135 kilometers. Upon arrival, refreshment and check-in to your respective hotel for overnight stay.

#### **Day 7 : Drive towards Phuntsholing crossing the Kakarbhitta Border. O/N Phuntsholing**

After breakfast, drive towards Kakarbhita. Kakarbhitta is the eastern terminus of Nepal's east-west Mahendra Highway. Then we drive towards Panitanki. The Panitanki neighborhood of Naxalbari is on the other side. There is a border checkpoint for customs and third country nationals.

From the Indian border you'll exit India and enter Bhutan kingdom. There you will be welcomed by our Bhutanese guide. If you haven't got the Visa then our leader will collect your entire passport to get the visa process underway, in order to save time in the morning. In the evening, if you are not really tired then you can explore the beautiful town.

### **Day 8 : Drive Phuntsholing to Thimphu (2,320m/7,610ft) – approx. 9/10 hrs. drive. O/N Thimphu**

This morning, enjoy a leisurely breakfast while the visa process is underway. Once officially inside Bhutan, drive from the warmer climates of Phuntsholing up to dragon kingdom, nestled in the foothills of the Himalayas. Thimphu is the capital city of Bhutan. Before dinner, at the hotel there will be an orientation on Bhutanese etiquette by your guide.

### **Day 9 : Full day sightseeing tour in Thimphu. O/N Thimphu**

After appetizing breakfast, proceed for full day sightseeing tour in Thimphu. Initially, we start our sightseeing tour with a visit to National Memorial Chorten. This temple was first initiated by the Third King as a protection from the negative elements of modernization, and as a monument to world peace. The Royal Queen Mother completed it as a memorial Stupa for the Third King who passed away in 1972. Then we will continue our visit to 12th century Changangkha Temple and Drubthob monastery housing the Zilukha Nunnery. If you want to see Takin, the national animal of Bhutan then you can proceed onto mini-zoo. The Takin (a goat-antelope) was declared the national animal of Bhutan because it is strongly associated with the country's religious history and mythology. After sightseeing of these sites, if you still have some time left then you can visit to National Library, the priceless collection of Buddhist manuscripts and few English version books; Folk and Heritage Museum, which displays day to day livelihood of typical Bhutanese farmers in medieval period and their accessories; Late King's Memorial Stupa, built for the world peace and Traditional Handmade Paper Factory; Painting School, which preserves our traditional paintings, sculpturing and wood curving and National Handicraft Emporium, the best place to look for souvenir from Bhutan. You can also visit the Rinpung Dzong, meaning 'fortress of the heap of jewels' to see the painting of the great saint Milarepa, considered as the master of meditation by the Bhutanese and believed to have attained enlightenment in a lifetime. The Dzong is now used as an administration center and school for monks. Dzong's are large monasteries and district administrative centers, which were once strategic forts. Some of the landmarks are closed on the weekend (Saturdays and Sundays). Therefore, if your visit to Thimphu coincides with the weekend, you can walk through the Thimphu Market to see the variety of food of Bhutan, including basket upon basket of fiery chilies, cheese and a variety of greens. (This market is open only from Friday-Sunday).

### **Day 10 : Drive Thimphu to Punakha (1,250m/4,100 ft.), Wang due via Dochu la, 76 km – approx. 2/3 hrs. drive. O/N Punakha**

Drive for about half an hour in order to reach Wangdue. Wangdue Phodrang Dzong is perched on a spur at the confluence of two rivers. It represents an important gateway to Eastern Bhutan. High on a promontory overlooking the river, this Dzong, founded in 1639, controlled the routes to Trongsa,

Punakha, Dagana, and Thimphu. The position of the Dzong is remarkable as it completely covers the spur and commands an impressive view over both the north-south and east-west roads. Punakha and Wangdue Phodrang are administrative centers of their respective Dzong khang or districts. Compared to Thimphu or Paro, the valley is at much lower elevation at about 1250 meter above sea level. Therefore it enjoys subtropical climate with warm summer and pleasant winter. The valley boasts at least two crops a year and subtropical plants like Cactuses, Mandarin, and Bananas grow here. The town of Punakha was relocated recently to Khuruthang from its location near Punakha Dzong. Punakha was former winter capital of Bhutan, the tradition that is still kept by the monastic body, who moves their capital to Thimphu in the summer and return to Punakha Dzong in the winter. It is around half hour drive between Punakha and Wangdue Phodrang. The small township of Wangdue with clusters of small shops tightly packed together, surrounding a truck stop is quite interesting to visit. Across the river, on the opposite ridge is the village of Richen gang, known for cluster of houses connected to one another. If time permits, the journey can be broken with a visit to Tamchhu Lhakhang built by Than tong Gyalpo, the so-called Iron Bridge Builder. You can continue down the winding pass to the town of Wang due Phodrang.

### **Day 11 : Drive Punakha to Bumthang – approx. 8/9 hrs. drive. O/N Bumthang**

On the following day, we drive to Trongsa. Trongsa is the gateway to central Bhutan at 2,180 metres. Set amid spectacular scenery, Trongsa Dzong, the ancestral home of Bhutan's royal family, commands the eye from miles away. You'll also be able to visit Ta Dzong, which is the newly opened museum in the watchtower. Dedicated to the Wangchuk dynasty, it tells the stories of the Dzong and the valley, featuring personal belongings of the kings and queens of Bhutan. Continue through some of Bhutan's most idyllic landscapes to Bumthang, an area of high valleys that sits between 2,580 – 3,100 metres. On arrival at Bumthang, you will stay in a local farmhouse where you'll experience a genuine slice of Bhutanese life and hospitality. The facilities here are quite basic, but the accommodation is exactly how a typical Bhutanese family live; and the food are in no way adapted for tourists.

### **Day 12 : Drive Bumthang to Gangtey – approx. 6 hrs. drive. O/N Gangtey**

Drive for about six hours to reach Gangtey. Gangtey is situated at the height of 2,900 metres above sea level. On arrival, enjoy the immense views of the remote Phobjikha Valley and the Black Mountains. Move onto visit Gangtey Gompa (one of Bhutan's oldest and recently renovated monasteries) and explore the valley where the villagers continue to live a traditional Bhutanese rural lifestyle. This is the site where black-necked cranes visit in their hundreds in November of each year, after spending the summer in Tibet. Explore the colorful, recently-restored Gangtey Gompa, a monastic college famous for its annual festival to welcome the migration of black-necked cranes.

### **Day 13 : Drive Gangtey to Paro – approx. 4/5 hrs. drive. O/N Paro**

Hike up to the hilltop village of Rinchengang and learn about its interesting history. Rinchengang is picturesquely situated on a steep ridge near Wangdi and then drive to Paro. Upon arrival at Paro, you can visit impressive Paro Dzong, one of the finest examples of Bhutanese architecture.

### **Day 14 : Departure**

Ending our trip, you will be transferred to the airport for your flight back to home. During the flight you will enjoy breathtaking views of the Himalayan peaks that include sacred Bhutanese mountains such as Jomolhari and Jitchu Drake.

## Inclusions

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### What is included?

- 7 days Accommodation twin sharing bed basis of full board Meals (breakfast, lunch, and dinner) in Bhutan
- 6 days accommodation twin sharing bed basis on B/B Plan in Nepal. ( Bed and Breakfast)
- All the grounded transportation from Nepal to Bhutan during the tour.
- English-speaking, government-licensed local guide for sightseeing in Nepal and Bhutan.
- Entry and permit fees during a Sightseeing tour
- Bhutan visa fee and special permit from Nepal to Bhutan tour.

### What isn't included?

- Any Lunch and dinner in Nepal.
- Entry Visa fees - at present \$25 for 15 day, US\$ 40 for 30 day, and US\$ 100 for three month visa on entry into Nepal.
- Travel and medical insurance.
- Personal expenses (laundry, bar bills, snacks, phone calls, internet.)
- Tips for guide and driver (tipping is expected)
- Loss, theft or damage to baggage and personal effects. (We strongly advise you to get personal travel insurance.)

### Complimentary