



## Pikey Peak Trekking

<b>Trip code</b>	0
<b>Package name</b>	Pikey Peak Trekking
<b>Duration</b>	7
<b>Max. elevation</b>	4067 m
<b>Level</b>	BEGINNER
<b>Transportation</b>	Kathmandu - Daap jeep reserve and Phaplu - Kathmandu domestic flight.
<b>Accommodation</b>	Hotel and Lodge with twin sharing bed basis during the trek.
<b>Starts at</b>	kathmandu
<b>Ends at</b>	kathmandu
<b>Trip route</b>	Kathmandu - Daap - Jhapre - Pikey Base Camp - Junbesi - Phaplu - Kathmandu.
<b>Cost</b>	USD 880 per person

## Highlights

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- A perfect trek to approach the Everest region and the Himalayas
- Discover the unique Sherpa culture and traditional villages
- Enjoy breathtaking sunrise and sunset views over the mountains
- Beautiful mountain views including Mt Everest, Mt Makalu, Mt Kanchenjunga, Mera Peak and More

## Overview

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**Pikey Peak Trek is a short but rewarding way of experiencing majestic Himalayan peaks. The Pikey Peak trekking trail located in the lower region of Mount Everest. The major highlight of**

**this trek is that you can observe the best view of the highest peak of the world Mt. Everest in the short trek.**

From Pikey peak you can also capture the views of other towering Himalayan peaks like mount Makalu, Kanchenjunga, Ama Damlam, Lhotse, Nupatse, Numbur, Gaurisankhar, Langtang and also Dhaulagiri to the far west.

Pikey Peak is a less beaten, less crowded trekking route in the Everest region. The trail to Pikey Peak is full of absolute wilderness and serenity. It passes picturesque traditional villages and historical monasteries. The optimum height of this trek is 4070 m. Thus, it has the least chance of altitude sickness.

Further, this trip does not have any threat of flight cancellation/postponement because Pikey Peak Trek begins with a drive from Kathmandu to Dhap and can also end with a drive from Phaplu to Kathmandu.

Indeed, from Pikey peak trek you can explore the diversified natural beauty and experience the traditional livings of different ethnic groups like Sherpa, Tamang, Chhetri, Gurung, and Rai. Additionally, Pikey peak rewards everyone with one of the best sunrise views with stunning Himalayan scenery.

The trail passes through dense forests of Pine, Rhododendron trees. It is the habitat of different species of birds and animals like Lophophorus, Crimson Horned Pheasant, wild bear, Panda, Ghoral, and so on. Similarly, in the route, you can see yak, nak, and cow grazing here and there.

In Pikey Peak Trek you can enjoy the organic food produced locally and stay for a night halt at local tea houses.

Excellent Himalaya Trek and Expedition is the leading trekking operator and company managed by local tourism experts and Sherpas who have than 20 years of experience organizing treks and expeditions into the Himalayan zone. We will take care of all permits and logistical matters, including food and accommodation on the trek.

## **Itinerary Outline:**

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Day 1: Arrival in Kathmandu – Transfer to Hotel

Day 2: Kathmandu to Dhap (2932m)

Day 3: Trek from Dhap to Jhapre (2829m)

Day 4: Trek from Jhapre to Pikey Peak Base Camp (3640m)

Day 5: Hike to Pikey Peak – Trek to Junbensi (2700m)

Day 6: Trek from Junbensi to Phaplu (2469m)

Day 7: Flight from Phaplu to Kathmandu

If you are looking for a great trek in the Lower Everest Region in Nepal, we have the perfect trip for you! Join us on this 7-day Pikey Peak trek to one of the tallest hills (4,067m) in the Solu Khumbu Region. Get views over Mount Everest and many mountain ranges of the eastern and central Himalayas.

Spectacular mountains like Mount Everest, Makalu, Kanchenjunga, Annapurna, Gaurishankar, Lhotse, Nuptse, Numbur, Sishapangma, Thamserku, Mera peak and other few ranges can be viewed from the top of Pikey!

During these days, you will also enjoy stunning sunrise and sunset views in the mountains. The trail takes us through some of the most beautiful settlements and tiny villages in the region.

We will meet in Kathmandu and on the second day we will travel from there to Dhap Bazaar. Our trek starts and finishes in Phaplu, passing by Kerung, Pattale, Jhapre, Pikey peak, Lamajura and Junbesi.

The Pikey Peak trek is the perfect approach to discover the breathtaking Himalayas and the Everest area away from crowds and groups of people. You will enjoy the peace and solitude of this unique mountains, lavish valleys and rhododendron woods in Nepal, along with the Sherpa culture as you hike along beautiful trails. .

You will have the chance to connect with locals as you pass through different villages, discovering an exceptional culture and welcoming and friendly people. Along the way, we will run over religious communities and stupas on our approach to Pikey pinnacle.

The sight of the impressive mountains all through the trek is amazing, specially at dawn and dusk. If you have the chance to enjoy this trek in the blooming season, you will be amazed by the view of wild orchids and Mongolia blossoms welcoming you all along your way.

## **Trip Itinerary**

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### **Day 1 : Arrival in Kathmandu – Transfer to Hotel, and getting to know Nature Trail (1350m)**

After arriving at Tribhuvan International Airport, you will be welcomed by the representative of the Nature Trail Trekking & Expedition and you will be shifted to your hotel (3-Star category). The staff in the hotel will manage your accommodation and check in.

### **Day 2 : Drive from Kathmandu to Dhap (2832m) - 8 hrs drive**

After breakfast, you will leave Kathmandu and drive to Dhap Bazaar. The driving route follows the Sunkoshi River until Ghurmi. On the way, you will get the opportunity to witness the typical Nepalese countryside lifestyle, forest, rivers, and terraced fields. Driving through numerous settlements, you will finally reach Dhap Bazaar. Here you will Visit the local market and observe the lifestyle of the local and Sherpa people. Overnight at a tea house. Included Dinner and Breakfast.

### **Day 3 : Trek from Dhap to Jhapre (2829m) -4 to 5 hours**

After breakfast, we set out on the walking trail, which stays on dusty roads for about two and half hours. Once we reach Sigane, the trail from there follows a road under construction for the first couple of hours. The first village enroute is called Jahpre (2860m). It's perched above a deep valley with nice views of Everest and the Number Himal. There's a pretty little Gumpa and Stupa here. This is also another best view point for all high Himalayan range to north. Here you find few lodges with its comfort and plenty of food items.

#### **Day 4 : Trek from Jhapre to Pikey Peak Base Camp (3585m) - 5 to 6 hours**

The morning brings an awesome mountain scenery of Numbur Chuli and Everest, including the eastern Himalayan range. The Trekking Trail starts on dirt roads for a while and quickly goes through a gentle uphill route. We go through the Pine and Rhododendron forests until reaching Bhulbule (3210m) and it takes about 2 hours. You will find small tea shop there. We will then arrive in Lhamuje (3330m) which takes an hour. We will have lunch here in a newly built tea-house. In the spring season, you will enjoy different species of Rhododendron flowers during the walk and the spectacular Himalayan range. Afterwards, the trail is mostly gentle ups and downs in the ridge till we arrive at the Yak pasture land where we can see many grazing Yaks. We will then climb steep hills with zigzag trails to arrive at Pikey Peak Base Camp (3585m) which takes about 2 hours and 30 minutes. You can visit Yak Cheese factory and they produce Cheese during Monsoon. The two lodges you will find serves basic local food.

#### **Day 5 : Hike to Pikey Peak – Trek to Junbensi (2700m) - 5 to 6 hours**

Today we walk down and witness a picturesque landscape. Here, you can see yaks grazing and get a chance to drink fresh and tasty yak milk. We head off to reach Junbesi. On the way we trek up to Pikey Peak where you will witness sunrise view and the Himalayan range from Kanchenjunga to Dhaulagiri as well as Everest. After you pass the Pikey peak you trek down all the way through distinctive landscape to Junbesi valley. Overnight at Guesthouse, breakfast, lunch and dinner included.

#### **Day 6 : Trek from Junbensi to Phaplu (2469m) - 5 to 6 hours**

After visiting Thuptenchholing Monastery and observing typical Tibetan medicinal therapy at Junbesi village, you trek to Phaplu which takes around six hours. Here you can taste tasty local food and drink and participate in Sherpas cultural program. Overnight at Guesthouse, breakfast, lunch and dinner included.

#### **Day 7 : Flight from Phaplu to Kathmandu - 25min**

After breakfast, today we go to the airport of Phaplu and fly back to the capital city Kathmandu. Once you arrived domestic airport of Kathmandu, a representative of Nature Trail will pick you up and drive to your hotel.

# Inclusions

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## What is included?

Private Jeep from Kathmandu to Daap.

Domestic flight from Phaplu to Kathmandu.

Trekking permits and TIMS (Trekker's Information Management System) card.

Experienced and licensed trekking guide.

Porter service to carry your luggage (one porter for every two trekkers).

Accommodation in teahouses or lodges twin sharing bed basis during the trek.

Staffs insurance, well paid salary, lodging and fooding during the trek.

All meals (breakfast, lunch, and dinner) with Cup of Tea/ Coffee during the trek.

Basic first aid kit.

Government taxes and service charges

## What isn't included?

International airfare to and from Kathmandu.

Nepal entry visa fees.

Personal travel insurance (covering medical, evacuation, and trip cancellation).

Accommodation and meals in Kathmandu (beyond the itinerary).

Personal expenses, such as laundry, phone calls, internet access, etc.

Additional porters or services if needed.

Tips for guides, porters, and other staff (tipping is customary in Nepal).

Any expenses arising due to unforeseen circumstances, such as flight delays, natural disasters, political unrest, etc.

## Complimentary