

## Seti River Rafting

<b>Trip code</b>	
<b>Package name</b>	Seti River Rafting
<b>Duration</b>	10
<b>Max. elevation</b>	1350 m
<b>Level</b>	DIFFICULT
<b>Transportation</b>	All grounded vehicals depending on group size.
<b>Accomodation</b>	3***hotel + Camping twin sharing bed basis during the tour.
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Kathmandu
<b>Trip route</b>	Kathmandu - Surkhet - Dhungeswaor - God - Seti Dovan - Jamuna village - Chisapani - Kathmandu.
<b>Cost</b>	USD 1,360 per person

## Highlights

---

## Overview

---

**Seti river rafting is a safe and an easily accessible white water rafting trip in Nepal which is an excellent river for bird-watchers and those interested in the abundance of nature.**

The Seti Gandaki River, also known as the Seti River or the Seti Khola, is a river of western Nepal, a left tributary of the Trishuli River. The warm and beautiful Seti River passes through stunning jungle scenery, green hills and valleys. It is an excellent river for bird-watchers and those interested in the abundance of nature found on this trip. This River has relatively small volume but has blue and warm water and we recommend this as an ideal short trip for first time rafters or as "Warm-up" for

intermediate kayakers.

River Seti can be reached from Damouli (a small village that lies in the Prithivi Highway in between Mugling to Pokhara) roughly 160 kilometers west of Kathmandu. We take a drive along the Trishuli River admiring the lush landscape for around six hours until we reach Damouli. We will attend a short briefing program and continue 32 kilometres rafting until we reach at the confluence of Trishuli and Kaligandaki River at Gaighat. One can enjoy these adventure activities with their family. As, the journey passes through the settlements of Magar people one can learn about the unique aspects of Magar culture, lifestyle and many more. The holy river Seti offers grade 3 and 4 rafting rapids. We officially end our rafting journey at Gaighat. As the put out point i.e Gaighat is near to Chitwan one can add jungle safari and other wildlife activities and exploring Tharu culture or can go for sightseeing in majestic Pokhara valley.

## Trip Itinerary

---

### **Day 1 : Drive from Kathmandu to Surkhet – approx. 16 hrs. drive**

We will have a early morning drive to Surkhet with amazing ground views of high lands, dense forests, rivers and Nepalese localities on the way and it will be the longest (about 16 hours) drive as we will be heading to far west of Nepal. Or we can get to Surkhet via Nepalgunj flight by airway in the afternoon by domestic airlines enjoying the scenic beauty of Nepal with views of mountains and green hills. We will stay overnight in a luxurious guest house there.

### **Day 2 : Drive from Surkhet to Dhungeswor (about 6-7 hours drive) and Camp overnight.**

After breakfast, we will drive to Dhungeswor. While travelling through the local villages and picturesque surrounding, you feel like you are in wonderland. The eye catching scenario and the high lands with coniferous forest along with whispering sound of river will make the journey enjoyable. Everything around seems fresh and impressive. We will be exploring the surrounding in the evening and set up camp to stay overnight there. Our crew member will prepare the delicious food and will entertain you with singing and dancing and campfire as well.

### **Day 3 : Rafting from Dhungeswor and overnight camping in the bank of river.**

After having heavy breakfast, our professionals will be providing you the instructions for safety and paddling. We will gear up for the rafting and continue the raft through the wilderness of Karnali facing the challenges of big bounces and rapids in big water. We still manage to get at least one great class 4 rapid with full of excitement and adventure. We will have our lunch in the late afternoon and stay overnight in the camp in the bank of river.

### **Day 4 : Rafting to GOD house and overnight camping**

Today rafting is more challenging. Rafters can experience the real flow of Himalayan white water while having a great adventure through a 7km gorge. On the following day, we will be passing through narrow gorges and jungle corridor with spectacular views of diverse wildlife. Today we encounter the notorious big rapid; GOD house and other challenging rapids. We will stay overnight in the GOD house area.

### **Day 5 : Rafting to Seti Dovan and overnight camping**

This day rafting adventure is not less than yesterday. We will hit some rapids of God House, Juicer, Flip and Strip. The excitement reaches its height in the white water when you will be dip into the river from rapids. After rafting further down the river we will reach Seti Dovan and we will camp overnight there. We will be having fun in the sandy beach there and lots of entertainment from our crew member.

### **Day 6 : Rafting to Jamuna village and overnight camping**

We will raft almost the entire day today. You will get to witness some enchanting sceneries and hit a few small rapids which will be like relaxing after two days of a thrilling experience. The journey in the Karnali is mostly adventurous with magnificent views of jungle and natural lives. After paddling down further we will reach jamuna village and we will camp overnight there.

### **Day 7 : Rest day and exploring Jamuna village area**

This day is kept free, we programmed to relax on the sandy beach and explore the surrounding areas. We can be having some fun stuffs and lots of entertainment along with plenty of rest. You can dry your clothes and have a discussion regarding the adventure and spectacular views and scenery that you encounter on the journey. You can ask our guides about the place you want to know.

### **Day 8 : Rafting continues and overnight camping**

These days rafting is pleasant enough and we can see the rapids dying off as we come out of the gorge. We will be rafting continuously to the seti river confluence where river gets broadens. Many kayakers can be found in the river with safety action and no doubt you will be inspired. You can stop by here and ask your guide for the information about the surroundings as well one can experience kayaking here or take over the raft and learn about the river. We will raft little further down in the river and camp overnight in a beach.

### **Day 10 : Rafting to Chisapani**

After packing our stuffs and fulfilled breakfast in the morning we will continue our journey with the mesmerizing views of jungle, villages and hills. We will reach Chisapani (put out point) in the afternoon. We will have lunch here and get in a bus to be back to Kathmandu. Those who also have booked the trip for jungle safari in the Bardia National Park (highly recommended) are picked from here.

## Inclusions

---

### What is included?

All meals during the rafting excursion.

1 night Accommodation in Kathmandu (bed and breakfast basis)

Accommodation in tent during the tour.

Transportation from Kathmandu to Surkhet, Surkhet - Dhungeswor , Chisapani - Kathmandu.

Rafting permit

All necessary equipment for rafting

Experience and certified licensed holder rafting guide

Kitchen equipment , Tent, sleeping bag, and all other camping equipment.

### What isn't included?

International Air fare

Entry Visa fees - at present \$25 for 15 day, US\$ 40 for 30 day, and US\$ 100 for three month visa on entry into Nepal.

Lunch and Dinner in Kathmandu.

Bar bills and Personal Expenses.

Tips for staff and guide (expected)

Emergency evacuation, things of personal use, client insurance.

### Complimentary