



## Tharpu Chuli Peak Climbing

<b>Trip code</b>	
<b>Package name</b>	Tharpu Chuli Peak Climbing
<b>Duration</b>	14
<b>Max. elevation</b>	5695 m
<b>Level</b>	MODERATE
<b>Transportation</b>	&nbsp;Tourist Bus&nbsp; and Private Car&nbsp;
<b>Accommodation</b>	lodge and Tent camp
<b>Starts at</b>	Kathmandu/Pokhara
<b>Ends at</b>	Kathmandu/Pokhara
<b>Trip route</b>	Kathmandu - Pokhara - Ghandruk - chhomrong - Dovan - Mbc - AbC - High camp - Summit - Abc - Bamboo - Jinu - Nayapul - Pokhara - Kathmandu
<b>Cost</b>	USD 2,750 per person

## Highlights

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### Trip Highlights

Panoramic mountain views of Dhaulagiri, Manaslu, Machhapuchhre, five peaks of Annapurna and others

- o Annapurna Base Camp (4,130m)
- o High Camp (5200m),
- o Tent peak Base Camp (4,450m)
- o Machhapuchhre Base Camp (3,700m)
- o Ghandruk (1,940m)

## Overview

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**Tharpu Chuli known as Tent Peak is an adventurous trek which lies at the south of Annapurna Base Camp. It offers magnificent panoramic views of majestic snow-capped mountains of the Annapurna region.**

If you are a well experienced trekker and want to start on to mountaineering then this climb might be the right choice for you. Tharpu Chuli which is situated at the height of 5200 meter will give you a thrilling experience. Our trail passes through beautiful old growth rhododendron forests, emerging periodically to explore the traditional Gurung villages dotted along the way as we ascend above the tree line. The alpine plants, lush forests, colorful flowers of lush forests, culturally rich local people, and snow covered mountains would surely mesmerize you with their serene beauty.

Tharpu Chuli is situated in the picturesque Annapurna Sanctuary. Enjoy the mountainous environment marveling at colorful flora and clear views of the splendid high mountains including the two eight-thou sanders: Mt. Annapurna (8091 m) and Mt. Dhaulagiri (8167m). While you trek along the fertile Modi Khola River belt, you will experience the natural grandeur as well as the cultural magnificence of most popular trekking region of Nepal. Path to the beginning of the route runs along a steep serpentine road with amazingly beautiful scenery. During the spring season, you will see the mountains tinged with red or pink. As you trek higher, you will experience why the buffer zone near the Annapurna massif is considered the most picturesque in Nepal. We pass through both Machhapuchhre and Annapurna South Base Camps, before setting our high camp on Tharpu Chuli. The first few days are spent on the south side of the Himalayas, the area of highest rainfall in Nepal, where there are lush subtropical jungles and rhododendron forests. Cozy lodges provide welcome resting places in the villages which are predominately of the Gurung ethnic group. There are amazing post-card scenes of mountains, glaciers, rock faces, and sharp ridges with the patchwork of terraced fields in the foreground. From here we make an exhilarating one day ascent on the North-West Ridge, returning to our base in one long day. Enjoy the ethnic hospitality along with the cultural magnificence of Nepal's ethnic mountain people. The views from the summit are amongst the best in Nepal, with an impressive panorama of the Annapurna Massif. Moreover, the easy accessibility of the Tent Peak makes it an ideal destination for those wishing for a short trekking plus peak climbing expedition.

Although physically this expedition is not as challenging as our Mera or Island Peak expeditions, there are some steep sections high on the ridge making this slightly more technical than Mera Peak.

Autumn (mid Sept to mid Dec) and spring (March to mid June) are the best seasons for the Annapurna Base camp trek and Tharpu Chuli climbing trip. The weather is sunny and warm, with outstanding views but the nights are cold and can fall to freezing in higher elevations.

### **OUTLINED ITINERARY**

Day 01: Drive Kathmandu to Pokhara (823 m) – 6 hours drive.

Day 02: Drive to Nayapul and trek to Ghandruk (1,940m) – 5/6 hours walk

Day 03: Trek from Ghandruk to Chhomrong (2,170m) – 6 hours walk

Day 04: Trek from Chhomrong to Himalaya Hotel (2,840m) – 6/7 hours walk

Day 05: Trek from Chhomrong to Himalaya Hotel (2,840m) – 6/7 hours walk

Day 06: Trek from Machhapuchhre Base Camp to Annapurna B.C (4,130m) – 2 hours walk  
Day 07: Acclimatization and climbing preparation Day.  
Day 08: Annapurna B.C to Tent peak Base Camp (4,450m) – 5 hours walk  
Day 09: Tent peak Base Camp to High Camp (5,200m) – 5 hours walk  
Day 10: Summiting Tharpu Chuli (Tent Peak) and return to High Camp (5200m) 6-7 hours walk  
Day 11: Trek from Annapurna B.C to Bamboo (2,310m) – 6/7 hours walk  
Day 12: Trek from Bamboo to Jhinu danda, enjoy the natural hot spring (1,760m) – 6 hrs walk  
Day 13: Jhinu danda to Nayapul – Pokhara (823m), one hour drive – 6 hours walk  
Day 14: Drive back to Kathmandu. Overnight at hotel

## Trip Itinerary

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### Day 1 : Drive Kathmandu to Pokhara (823 m) – 6 hours drive.

For starting your journey, you will be picked up by one of the representatives of Nature Trail Travels & Tours, Trekking & Expedition from your hotel and then drive to Pokhara. During your travel, you can see panoramic mountain views of Dhaulagiri, Manaslu, Machhapuchhre, five peaks of Annapurna and others and natural scenario followed by Trishuli River. Afterward, you will be followed by Marshyangdi River along the terraced fields until you meet Seti River which takes you directly to Pokhara. Pokhara whispers around us as it gradually comes alive.

Pokhara is one of the most favorable tourist places which is full of its natural beauty. Being naturally gifted does not only makes the place beautiful, instead one can observe cultural heritage sites such as: Stupas, Temples, Mountains, Caves, lakes, Museums and many more. Towards its north, lies Phewa Lake which is just beneath the white peaks of Annapurna and Dhaulagiri ranges. In a pleasant weather, the sight is worth seeing. You will fall in love with the beauty of this place.

### Day 2 : Drive to Nayapul and trek to Ghandruk (1,940m) – 5/6 hours walk

Early morning, drive from Pokhara to Nayapul (1 1/2 hour drive). Upon arrival, trek down to the river for 10 minutes and cross the suspension bridge. Climb up to the main village located on the ridge. Follow the trail along the Modi River for about 20 minutes to arrive at Birethanti. Take the right hand trail and a gradual ascent will take you through a field of paddy in summer and mustard in the winter to arrive at upper Birethanti village. Walk further through more terraced fields and bamboo groves on a gentle ascent along a hillside to arrive at a riverbed. Take the trail leading into the forest. The forest provides shade and an ideal place for the porters to prepare lunch, as water is readily available from a stream.

Trek through the forest and follow the trail along the hillside and after about 20 minutes to arrive at the settlement of Shauli Bazaar, which is located along the banks of the Modi River. The trail from here continues to climb steadily for about 2 hours and 20 minutes until we arrive at Ghandruk. Ghandruk is the largest Gurung village in Nepal where many male members of the local community have served in the Gorkha Special Forces Army. The brave and chivalrous Gorkhas have earned themselves the reputation as the most loyal and indomitable soldiers in the world. The afternoon is free for rest or optional activities such as a visit to the Annapurna Conservation Museum. Overnight at the lodge in Ghandruk.

### **Day 3 : Trek from Ghandruk to Chhomrong (2,170m) – 6 hours walk**

Commencing trek from Ghandruk, we ascend for about an hour up to Ghandruk Kot and then the trail descends steeply which takes us to Kimron Khola. Then after a short easy walk, we take a steep climb continuing up to Chhomrong. Chhomrong is a beautiful village located on the lap of giant Annapurna massive. The mountainous view that can be observed from here are of mighty peak Annapurna South and Machhapuchhre Himal (Fishtail Mountain) facing it across the valley. Overnight in Chhomrong.

### **Day 4 : Trek from Chhomrong to Himalaya Hotel (2,840m) – 6/7 hours walk**

On the 4th day of our trek, we walk along the Modi Khola Khola leaving behind inhabited foothills into the high step and wooded slopes of Himalayas. We cross the suspension bridge then trek up to Sinuwa Danda. The ascent from Sinuwa becomes somewhat flatter. The trail passes through thick & dark rhododendron forest up to Khuldighar. Then we descend a long and steep stone steps into deep bamboo and rhododendron forests. Pass through deep bamboo and rhododendron forest to the village of Doban . Another gentle gradual ascend following the trail above the river through a thick bamboo, oak and rhododendron forests up the side of the canyon.

### **Day 5 : Trek from Himalaya Hotel to Machhapuchhre Base Camp (3,700m) – 5 hours walk**

Crossing over the two streams over small bridges, the trail passes through solitary places. The wilderness gives piece to our mind. If you are lucky, then you might get chances to see variety of species of wildlife such as wild pig, deer, snow leopard, etc. We then further ascend to the Hinko Cave, an overhanging rock. Continuing our walk through the ascending path, we reach Deurali. After about half an hour walk from Deurali, we will find ourselves in middle of river bed surrounded by giant snow-covered mountains. The hike to MBC is somewhat strenuous but the unfolding views of the majestic Machhapuchhre are certainly a rewarding experience. Enjoy the views of Mount Hiunchuli, Annapurna South, Annapurna I, Annapurna III, Gangapurna and, of course, the Fishtail or Machhapuchhre itself.

### **Day 6 : Trek from Machhapuchhre Base Camp to Annapurna Base Camp, (4,130m) – 2 hours walk**

While trekking from Machhapuchhre you will see the snow boulders melting and forming small streams. The vegetation disappears, path widens as we enter the Sanctuary. Following a stream, and then climbing to a few huts alongside a moraine, there are sensational views of the near-vertical south face of Annapurna towering above the sanctuary. Annapurna Base Camp sanctuary boasts of a dynamic view without anything impeding panorama of the 360 degrees. Savor the mesmerizing views of the Machhapuchhre, Annapurna south, Annapurna I, Hiunchuli and other peaks. Afternoon exploration above base camp.

### **Day 7 : Acclimatization and climbing preparation Day.**

On this day, you won't trek further in order to acclimatize yourself and get prepared for the climb. Your guide will brief you about the climb. Feel free to ask any question with your team leader and guides that you may have regarding the climb. After lunch, our guides will provide training on peak climbing techniques and on using climbing gears such as ice axe, climbing boot, harness, jumner, and how to go up and down using ropes. There will be training on how to fix the ropes, climbing technique, and about the knot and gears. We believe that some training experience will boost up your confidence and climbing skills, thus increasing the chances of scaling the summit as well as fully enjoy the experience. For those not willing to climb the peak, there are plenty of options for walks and exploration in the area including a trip to discover the South Face of Annapurna I.

### **Day 8 : Annapurna B.C to Tent peak Base Camp (4,450m) – 5 hours walk**

Our trail descends as we cross the glaciated mountain passes to reach Annapurna South Glacier. Follow the cairned trail across the surface on the ice. Climb the moraine on the opposite bank of the glacier. Enjoy the views of the high mountains from 6000ers to 8000ers. Finally arrive at the Tent Peak Base Camp which is a flat camping area.

### **Day 9 : Tent peak Base Camp to High Camp (5,200m) – 5 hours walk**

Today, we make a steep ascent to the Tent Peak High Camp. Enjoy the panoramic views of Hiunchuli (6441m), Annapurna South (7229m), Annapurna I (8091m), Fishtail Mountain, and other snow-capped high mountains. Climb the hill to a glacial bowl. After setting up the high camp, we spend the remainder of the day discovering and making preparations.

### **Day 10 : Summiting Tharpu Chuli (Tent Peak) 5695m and return to High Camp (5200m) 6-7 hours**

Around midnight, we get ready for the final push. Cross the short glacier to reach the base of several snow flutings. Climb fixed ropes to the final summit ridge. As we get nearer the summit, a sharp top of Tent Peak (5663m / 18,580 ft) unfolds. After summiting, we return by the same route to the high camp or Annapurna base camp.

### **Day 11 : Trek from Annapurna B.C to Bamboo (2,310m) – 6/7 hours walk**

From Annapurna Base Camp the route rapidly descends past the Machhapuchhre Base camp, Deurali, Himalayan Hotel and Doban and comes Bamboo. Heading back down to the valley is much easier than climbing up. You will see the waterfalls that drop down from a high point to the rocks below. Pass through the forests with great views of Fishtail and Hiunchuli mountains.

### **Day 12 : Trek from Bamboo to Jhinu danda, enjoy the natural hot spring (1,760m) – 6 hrs walk**

The route passes through beautiful fields of rhododendron flowers, oaks and bamboo. We then ascent to Kuldi ghar and then to Sinuwa, crossing the Chhomrong Khola and continue on to Chhomrong Village. From here it descend downhill to Jhinu Danda. Jhinu Danda is small local commercial village where we stay tonight. For those with enough energy there is a 20 min walk to a nearby hot water spring to relax all those muscles.

### **Day 13 : Jhinu danda to Nayapul – Pokhara (823m), one hour drive – 6 hours walk**

Trek from Jhinu danda to New bridge and then to Kyumi village. After lunch we trek to Syauli bazaar and then down to Birethanti. From Birethanti, about an hour's trek and we arrive at Nayapul. The trek ends at Nayapul. From Nayapul we take a vehicle and reach Pokhara in about an hour.

### **Day 14 : Drive back to Kathmandu. Overnight at hotel**

After such a wonderful trip, we drive back to the place from where your journey started. You will take beautiful memories from this trek back to your home.

## **Inclusions**

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### **What is included?**

- Airport Pick and Drop for both International and Domestic flight by Private vehicle.
- 1 Night Tourist Standard Accommodation in Kathmandu with B/B basis
- Transportation from Kathmandu-pokhara - Kathmandu by Tourist Bus & Pokhara - Nayapul - pokhara by car.
- 2Night Tourist Standard Accommodation in Pokhara with B/B basis.
- Standard Lodge Accommodation (best available) with twin sharing basis during the trek.
- Accommodation in Tented Camp while on Tharpu chuli peak base camp & high Camp.
- Full Board Meals (3 Meals a day) while on the trek.
- Tharpu chuli Peak Climbing permits, TIMS Card fees and Annapurna Conservation Area Entrance fees.
- All necessary camping equipments; Tent, Table & Chair for climbing expedition's crew's.
- Professional & highly expertise government licensed holder Trekking/Climbing Guide.

- Porter & Kitchen Staff for Tharpu Chuli Peak Climbing and during the trekking.
- All expenses of the staffs (Guides/Porters) that includes Food, Accommodation, Salary, Insurance, Equipment during your travel period.
- All the necessary trekking gear for porters like jacket /trousers, trekking shoes, gloves, socks, sunglasses etc.
- Comprehensive First Aid Kit.
- Arrangement of all rescue and evacuation promptly, in Worst Condition

### **What isn't included?**

- Meals in Kathmandu.
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars.
- All desserts, sweet things like chocolate, cake, pie, pudding.
- Items of personal nature, Laundry Expenses, Tips.
- Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking Gears.
- Any additional staff other than specified.
- Medical and Travel Insurance and Emergency rescue by any means of Transportation including Helicopter evacuation if required.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Airfare of international flights.

### **Complimentary**