



## Bhairav Kund Trek

<b>Trip code</b>	
<b>Package name</b>	Bhairav Kund Trek
<b>Duration</b>	10
<b>Max. elevation</b>	4250 m
<b>Level</b>	MODERATE
<b>Transportation</b>	Private vehicals for whole round trip.
<b>Accomodation</b>	Hotel and Lodge twin sharing bed basis during the Trekking.
<b>Starts at</b>	Kathmandu/Kathmandu
<b>Ends at</b>	Kathmandu/Kathmandu
<b>Trip route</b>	kathmandu - Jalbire - chanaute - Khani Goun - Forest Camp - Pati - Bhairav Kunda - Sherpa gaon - larcha - Kathmandu.
<b>Cost</b>	USD 1,360 per person

## Highlights

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## Overview

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**Bhairav Kunda trek offer beautiful Himalayan scenery, Holy Bhairav Kund, lush valley and beautiful landscape. It is non tourist trekking trail in Nepal as only very few tourist trek in this trail. So, if you are looking for a less crowded area as your trekking destination then this may be the right choice for you.**

The Sanskrit meaning of “Bhairav Kund” is a holy lake named after a destructive name of Lord Shiva “The Bhairav”. Bhairav Kunda trekking is non tourist trekking trail in Nepal located to the northeast of Kathmandu and next right to Panch Pokhari and closer to Nepal – Tibet border. The trail offers a

combination of rich cultural heritage, unsurpassed beauty and biological diversity.

Bhairav Kunda Trek can be categorized as pilgrimage trek as it take you to the scared pilgrimage site of Bhairav Kunda (lake) which lies at an altitude of 4,250m. Our journey begins from a drive from Kathmandu to Jalbire which is 81 km north east of Kathmandu and takes about five to six hour to reach Jalbire. Your trail winds along an old trade route between Nepal and Tibet. You will spend your first night experiencing the 'Newari' culture of Jalbire. We travel through a mixture of beautiful mountain scenery and the terraced fields and characteristic houses of rural villages from different ethnic groups.

The trail leads through beautiful valley of Chanaute, Khani Gaon, Forest Camp, Pati and finally reaching at Bhairab Kund. From the base of Khani gaon following the thick alpine forest mainly comprising Rhododendron and oak inhibited with many endangered animals like red panda, snow leopard, Himalayan black bear etc. and enjoying the beautiful sound of birds chirping throughout the journey we ascend up gradually towards Pati. Altitude Sickness is common symptoms seen among traveler who are traveling for the first time in such high altitude. Here we take a brief rest to overcome the sickness and acclimatize with the climate and geography. In Pati you can see some spectacular view of several glorious Tibetan plateaus, and the peak is the Jugal Himal range. Our trail now climbs a steep hill making an exhausting journey up to the altitude of 4,250m. to reach Bhairav Kunda. Near the Kunda you can see a temple which is dedicated to Lord Shiva, the devotee visit this temple and pay their homage to the lord Shiva and bath in the Bhairav Kunda. After exploring its vicinity we trek down to Sherpa Gaon travel around the forest and observing the amazing view of Jugal Himal range. During the 10 days trek, we can observe the life style of nomadic people virtually unchanged by time, different ways of life, culture and come in contact with the people in the small villages passing through the dense forestations and meadows. We can have an excellent view of Rolwaling range, Jugal Himal and some of the Tibetan Mountains from the top of the Bhairav Kunda which includes the peaks of Dorje Lakpa (6966), Madiya (6257M) and Phurbi Ghhyachu (6637m).

The unusual climatic and geographical mix make this area a naturalist's dream and a Mecca for those who appreciate traditional cultures. Autumn & spring seasons are the best time trekking in Bhairav Kunda but we can arrange this trek throughout year as per travelers / trekkers demand with memorable adventure trekking in Nepal Himalaya.

## **Trip Itinerary**

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### **Day 1 : Drive from Kathmandu (1350 m) to Jalbire (1000 m) – 4 / 5 hrs drive**

Our journey begins with a drive of about four to five hours to Jalbire. After driving for about three hours towards the north east from Kathmandu valley, we reach to the place called Balephi. Balephi was once used to be one of the main towns on the trade route to Tibet. The whole Balephi valley is magnificent and roads up to here are in a good condition. We can have a scenic mountain views throughout our drive. Further, drive from Balephi to Jalbire takes about two hours. We now have to drive through the bumping roads to reach Jalbire. If in case, the vehicle could not go further then we have to walk from there which takes about four hours walk. Jalbire is a lovely Newar village set on the banks of the Balephi River, where we gain an insight into the Newari culture and see the Hindu temple of Lord Bishnu. Overnight at Jalbire.

## **Day 2 : Trek from Jalbire to Chanaute (1350 m) – 4 hrs walk**

On the following day, we commence our trek towards Chanaute. The trail is a moderate walk. On the way, we will pass through some small Tamang villages and a stunning waterfall. Chanaute is a small village and home to Brahman and Chettri people. After reaching Chanaute, we can relax and enjoy great mountain views and prepare for overnight stay.

## **Day 3 : Trek from Chanaute to Khani Gaon (2000 m) – 6 hrs walk**

Leaving Chanaute, we have to walk further about six hours to reach Khani Gaon. Khani Gaon is a Newar village, also known as Dalle Pokhari after its 'cute lake' tucked in a hollow near the school. As the trail is an ascent up to steep hills on a small path, the trek can be quite challenging. We'll be inspired though the stunning villages, streams, and the excitement of passing local schools. According to the history, in the middle of 18th century, before the unification of Nepal, there was a fight between Gorkha and Bhaktapur and the people of Bhaktapur fled here and eventually settled in this place. So, majority of people here are of Newar. Overnight at Khani Gaon.

## **Day 4 : Rest day at Khani Gaon with Local Village sightseeing**

Today is an excellent day for rest and acclimatization. You can simply give a rest to your body or explore around the village. You can even explore the culture and tradition of this interesting and picturesque Newar Village and know the Newari culture from very close point of view. You will also be amazed by the scenic mountain Views. Overnight at Khani Gaon.

## **Day 5 : Trek from Khani Gaon to Forest Camp (3150 m) – 6 / 7 hrs walk**

From Khani Gaon we continuously walk about six to seven hours to reach Forest Camp. The trail today is very steep and passes through the Rhododendron forest. You will experience truly beautiful forests of Nepal. On the way we will see some nomad houses for cattle and if we are lucky we will see some wild animals and birds too before reaching Forest Camp where we will spend our overnight.

## **Day 6 : Trek from Forest Camp to Pati (3765 m) – 5 hrs walk**

Leaving Forest Camp, we continue our walk further up to Pati. Today also we have to climb steep uphill and ascend towards incredible views through pine and rhododendron forest. After a walk for about five hours passing through the pine, Rhododendron forest we reach Pati where we have plenty of time to relax. We can enjoy the glorious mountain views and check out the rest houses made for pilgrims taking the trek to the holy Bhairav Kund.

## **Day 7 : Trek from Pati to Bhairav Kunda (4250 m) – 3 hrs walk**

Today, we have to walk about an hour up to the hill and then level walk for about two and half hours to Bhairav Kunda. Bhairav Kunda is situated at an altitude of 4250 meters height and there is a big holy lake and a small temple of lord Shiva. "Bhairav Kund" is named after a destructive form of lord Shiva and Kunda mean "Lake".

If you are travelling in the month of June /July /August then you might get a chance to see many pilgrimages that comes once in a year to pay their respect at the Lord Shiva's temple and bathe in the holy lake.

### **Day 8 : Trek from Bhairav Kunda to Sherpa Gaon (2500 m) – 6 / 7 hrs walk**

Early in this morning, we wake up to see the glorious view of sunrise which makes your day great ahead. Then we start our long walking journey today. For about one and half hours, we walk to the top uphill where we are richly rewarded by magnificent views over Langtang, Jugal Himal Range, Rolwaling Range and the Tibetan Range. Then continuing our further walk we pass through a stunning forest before reaching Sherpa Gaon.

### **Day 9 : Trek from Sherpa Gaon to Larcha (1500 m) and visit Hot spring (Kodari highway)**

In the very last day of our trek, we follow our trail down for about 3 ½ hours to the bank of the Bhote Koshi River and our destination to Larcha. Further, if we take a walk of about 30 minutes to the natural hot spring, we can take a hot shower and then relax and get back to Larcha for our overnight stay.

### **Day 10 : Drive from Larcha to Kathmandu – 5 /6 hrs drive**

After such a memorable trek, today we will drive back to Kathmandu. It will take five to six hours to reach Kathmandu from Larcha. You will have a stunning scenery drive back to Kathmandu. Upon arrival, transfer to hotel. Overnight at Kathmandu.

## **Inclusions**

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### **What is included?**

- kathmandu - Jalbire, Larche - Kathmandu by Private vehicals.
- Trekking permits and TIMS (Trekkers' Information Management System) card.
- Experienced and licensed trekking guide.
- Porter service to carry your luggage (one porter for every two trekkers).
- Accommodation in teahouses or lodges during the trek.
- All meals (breakfast, lunch, and dinner) during the trek.
- Langtang National Park entrance fee.
- Basic first aid kit.
- All Government taxes and service charges

### **What isn't included?**

International airfare to and from Kathmandu.

Nepal entry visa fees.

Personal travel insurance (covering medical, evacuation, and trip cancellation).

Accommodation and meals in Kathmandu (beyond the itinerary).

Personal expenses, such as laundry, phone calls, internet access, etc.

Additional porters or services if needed.

Tips for guides, porters, and other staff (tipping is customary in Nepal).

Any expenses arising due to unforeseen circumstances, such as flight delays, natural disasters, political unrest, etc.

## **Complimentary**