



## Yala Peak Climbing

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| <b>Trip code</b>      |  |
| <b>Package name</b>   | Yala Peak Climbing   |
| <b>Duration</b>       | 11   |
| <b>Max. elevation</b> | 5520 m   |
| <b>Level</b>          | BEGINNER   |
| <b>Transportation</b> | Kathmandu - Syapru Besi - kathmandu drive by Private car.  |
| <b>Accommodation</b>  | Hotel /Lodge and tented twin sharing bed basis during the Trip.  |
| <b>Starts at</b>      | kathmandu  |
| <b>Ends at</b>        | Kathmandu  |
| <b>Trip route</b>     | kathmandu - Syapu besi - Lama hotel - Langtang village - Kyanjing - Yala base camp - Yala peak - Kyanjing - Lama hotel - Syapru besi - Kathmandu . |
| <b>Cost</b>           | USD 1,280 per person   |

## Highlights

- Tamang settlements and Their Unique Culture.
- Best trip for those who want to experience a peak climbing in low budget and short time.
- Best acclimatizing trip if you are attempting a higher peak climbing/Expedition soon after.
- 11 Days Adventure trip; probably the shortest expedition starting and ending at Kathmandu.
- Non-technical climbing easy venture but yet high altitude and thin air.
- Easy accessed from Kathmandu by land transport, NO flights required.
- Climb to Kynjin Ri (4700m) Over Mountain View of Dorjelakpa (6990m, Langtang (7227m), Langtang Lirung (7200) and Ganesh himal.

## Overview

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Yala Peak is an enchanting mountain situated in the Langtang region of Nepal. With an elevation of 5,520 meters (18,109 feet), it offers a thrilling climbing experience for both novice and experienced climbers. Yala Peak climbing combines stunning mountain views, pristine landscapes, and cultural encounters, making it a popular choice among adventure enthusiasts.

The journey to Yala Peak begins with a scenic drive from Kathmandu to Syabrubesi, a vibrant village in the Langtang region. From Syabrubesi, climbers start their trek, following the Langtang River and passing through dense forests, charming villages, and terraced fields. The trail gradually ascends, allowing for proper acclimatization and breathtaking views of the surrounding peaks.

As climbers make their way through the Langtang Valley, they pass through picturesque settlements such as Lama Hotel and Langtang Village, where they can experience the warm hospitality of the local Tamang community. The rich cultural heritage of the region becomes evident with the presence of ancient monasteries, prayer flags, and stone-carved Mani walls.

The trek continues towards Kyanjin Gomba (3,870 meters/12,697 feet), a renowned Buddhist monastery and the base for Yala Peak climbing. Kyanjin Gomba serves as a comfortable resting place to acclimatize further and prepare for the summit push. Climbers can explore the monastery, interact with the friendly locals, and soak in the peaceful atmosphere surrounded by snow-capped peaks.

The ascent to the summit of Yala Peak is a thrilling and rewarding experience. Climbers follow a well-defined trail that leads them through rocky moraines, snow slopes, and potentially icy sections. As climbers gain elevation, they may need to utilize mountaineering equipment such as crampons, ice axes, and ropes for safety and progress.

Upon reaching the summit of Yala Peak, climbers are greeted with breathtaking views of the Langtang Valley, surrounding peaks, and even glimpses of the Tibetan plateau. The sense of achievement and the awe-inspiring panorama make the summit experience truly unforgettable.

After spending time at the summit, climbers descend back to Kyanjin Gomba and continue their trek back to Syabrubesi, retracing their steps through the beautiful Langtang Valley. The return journey allows climbers to reflect on their accomplishments, interact with the locals, and immerse themselves in the natural beauty of the region.

### **Best time for Yala Peak Climbing ;**

Yala Peak climbing is typically undertaken during the spring (March to May) and autumn (September to November) seasons when the weather conditions are most favorable. Prior trekking experience and a good level of physical fitness are recommended to undertake this challenging adventure.

### **Yala Peak climbing permit;**

Yala Peak Climbing doesn't require any climbing permit though it used to be only permitted with permits, now Nepal Mountaineering Association (NMA) has taken off it from the list as it is just 5732

meter only. It needs only Langtang National Park entrance permit cost NPR 3000 per person and group TIMS Card is must that costs NPR 2000 per head only obtained through a registered trekking company.

## **Trip Itinerary**

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### **Day 1 : Drive from Kathmandu to Syabrubesi (1,550 meters/5,085 feet). 7hrs drive**

From Kathmandu, we drive for approx 8 hours to Syabru Beshi. After driving 30 kms, we approach pristine villages on the banks of the river Trishuli. We also get to view the enchanting panorama of the Himalaya, including the Annapurna, Manaslu, Ganesh Himal and the peaks of the Langtang region. Stay overnight at tea house.

### **Day 2 : Trek from Syabrubesi to Lama Hotel (2,380 meters/7,808 feet).**

Today, the first part of our trail crosses through Bhote Koshi and follows the Langtang Khola. Then the trail gradually ascents up to Bamboo passing through Landslide. Afterwards, our trek ascends gently to Rimche (2400m.) through Bamboo (1960m.) which lies at the bank of Langtang Khola. We will have lunch at this place if you like. And at the end our trail we level to the Lama Hotel. En route we could see red pandas, monkey and bear if we are lucky. Stay overnight at tea house.

### **Day 3 : Trek from Lama Hotel to Langtang Village (3,430 meters/11,253 feet).**

Trek from Lama Hotel to Langtang village via Ghora Tabela which takes about five to six hours. As we continue climbing there are occasional glimpses of Langtang Lirung between the trees. At Ghora Tabela [3000m], the trail emerges from the forest. While walking here, we can catch a glimpse of white monkeys and local birds.

Once there was a Tibetan resettlement project here, but now it is a Nepalese army post though it has no permanent inhabitants. The trail continues to climb gently and the valley widens, passing a few temporary settlements used by herders who bring their livestock to graze in the high pastures during the summer months. There is a monastery which we can visit shortly before arriving at the village of Langtang, the headquarters of the Langtang National Park. The houses of Langtang and its neighboring villages are of the flat-roofed Tibetan style, surrounded by stone walls enclosing fields of buckwheat, potatoes, wheat, turnips and barley. Stay overnight at tea house.

#### **Day 4 : Trek from Langtang Village to Kyanjin Gompa (3,870 meters/12,697 feet).**

Our trail climbs gradually through small villages and yak pastures as the valley opens out further and the views become more extensive. After crossing several small streams and moraines, the trail reaches the settlement at Kyangjin. Here, there is a small monastery and a government-operated cheese factory. We should arrive at Kyangjin by lunch time allowing time to acclimatize and explore the area. It is a dramatic setting, with snow covered peaks surrounding us in all directions. At this point, we can enjoy the panoramic view of Dorje Larpa (6990m.), Langtang Ri (6370m.), Langtang Lirung (7245m.) and so on. Stay overnight at tea house.

#### **Day 5 : Rest and acclimatization day at Kyanjin Gompa, explore the monastery and surrounding areas.**

This is a day to rest and explore the area. Rest day at Kyangjin Gompa and excursion in and around. We can visit the monastery and the cheese factory, walk up the moraine to see the spectacular ice faces and tumbling glaciers of Langtang Lirung or ascend Kyangjin Ri [4350m], directly behind the village, for a breath-taking panorama of the Langtang peaks. Stay overnight at tea house.

#### **Day 6 : Trek from Kyanjin Gompa to Yala Peak Base Camp (4,800 meters/15,748 feet).**

After our early morning breakfast we head to Yala peak base camp. The ascend goes through the pastures and finally some rocky trail. We spend our night in the tented camp of Yala Peak Base.

#### **Day 7 : Acclimatization day at Yala Peak Base Camp, practice climbing techniques.**

This is the reserve day or might be called as acclimatisation day. We make our final preparations to conquer Yala Peak. Our guides will provide the necessary trainings on handling fixed ropes and crampons, and various other technical instructions.

#### **Day 8 : Summit day - climb from Yala Peak Base Camp to Yala Peak Summit (5,520 meters/18,109 feet), then descend to Base Camp.**

Yes, it's time to conquer the summit of Yala Peak. In the early morning we follow our dream. enjoy the marvellous view of Mt. Lirung, Dorje Lakpa, shispangma and various other snow capped giants. Finally we ascend down and reach Kyanjing Gompa for our overnight stay.

### **Day 9 : Trek from Kyanjin Gompa to Lama Hotel 2380m - 5/6 hrs walk**

After our early breakfast in Kyanjing Gompa, we walk down to Lamahotel.

### **Day 10 : Trek from Lama Hotel to Syabrubesi 1550m - 5 hrs walk.**

Today's hike is most of it on downhills, The trail slopes down through the forest where you come across small Chortens. The trail gets bumpy and stony as you walk further, but you may encounter red pandas, bears, monkeys, and various species of birds en route. Retracing your way throughout the trek, you reach Thulo Syabru for an overnight stay at the hotel,

### **Day 11 : Drive from Syabrubesi to Kathmandu. 7 hrs drive**

After breakfast, we drive back to Kathmandu from Syafru Bensi which will take some 9 hours by bus or Land cruiser depending on group size. You will be shifted to the same Hotel from where you left.

## **Inclusions**

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### **What is included?**

Arrival and departure transfer services for Airport – Hotel – airport.

Trekking Lodge/teahouse and tented accommodation during trekking and climbing session

Professional Trekking Guide and 2 guests 1 Trekking Porter

Very Professional Climbing Guide and Crews

Trekking staff foods, accommodations, salary, insurance

All Meal ( Lunch , Dinner and Breakfast ) & 3 tea/coffee every single day during the Trek and Climbing.

Langtang National Park fee & Climbing Permit

Assistant Cook and Transportation: Trekking assistant cook and necessary kitchen helper on the basis of Member and they carry of camping equipment and tent from Kyanjin,

Camping Equipment Utensils: EPI Gus, Gas stove or fuel stove for cooking, fuel or Kerosene oil, cooking pots, mattress, walkie talkie (talkback) etc.

Staff salary and allowance: climbing staffs and porters daily:  
wages/equipment/food/clothing/insurance

High Altitude Tents: North FaceDome Tent Space for two pax. Wall/cabin tent for dining and kitchen, etc.

Yala base Camp Lodging & Food service: chocolate and Three Meals (Breakfast, Lunch and dinner) a day for members and staff.

Drinks and Beverages for climbing: Tea with cookies and hot drinking water during the climbing period and Hot Washing water in case required.

Fixing Gear: fix rope, main rope, snow bar, ice crew, rock pitons as well as Heli Rescue/charter Arrangement.

kathmandu - Syapru Besi - Kathmandu by Private vehicals.

## What isn't included?

Any meals, accommodation and sightseeing in Kathmandu (if required please let us know and as per your budget requirement we would be very happy to arrange the same).

Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, health bars.

Items of personal nature - laundry expenses, tips.

Rescues, repatriation, medicines, medical tests, and hospitalization expenses.

Medical insurance and emergency rescue evacuation if required.

Travel insurance and helicopter rescue.

Airfare of international flights.

Nepal entry visa fee (easy to obtain the visa on arrival at Tribhuvan International Airport – Kathmandu). \$25 USD for 15-day visa.

Personal climbing gear.

Tips, gifts, souvenirs.

Tips for the guide, porter, and driver (tipping is expected)

## Complimentary